

MAY ROUNDUP



What is May, but a breeze between spring and summer? This month has blown by with all the activities and celebrations. Connie's friends stopped by with flower arrangements for every resident! (See photo top left).

Derby Day was celebrated with a special tea at the Dunbar Inn Tearoom (see photo above left). We wore handcrafted fascinators (see photos of Francine, Sylvia, and Thalia). Ours were not the only fascinators we noticed, but we had the largest group and our ladies reveled in the attention. They were fun to make and along with the horseracing game, fun to display. (see photo of horseracing game Thalia crafted). We also enjoyed another fun outing to Fisherman's View (see photo below).

There were several meaningful movies on the calendar this month, including one intended to spark conversation: the animated movie-"Coco." Delicious margaritas were enjoyed, and everyone agreed that the movie was "interesting and unexpected."

We celebrated Mother's Day by honoring Mothers with a Ladies' Tea hosted by Chef Cynthia. Cynthia's tea always exceeds expectations and according to one attendee, "the offerings rival any in the state." As a special treat, Decatur House ladies were pampered with facials, manicures, and a foot soak. (See photo of Fran with volunteer, Joyce on bottom left).

May was also a month full of birthdays. We celebrated Mary Clare D., (see photo below) Joan W., Maureen S., Maggie B. and staff member, Alex S. With an average monthly age of 80, "Don't ask. Don't tell." has morphed into a youthful, "tell us how you do it!"

Local artists Leonie Little-Lex and Mary Shea returned to teach art classes. Donna Klucsevsek again, kept authentic Tai Chi accessible and Susan Nolan, Reiki practitioner, helped residents recharge their energy (see photo of Susan with Ralph below middle). Mike Hale, devout layperson, provided for our resident's spiritual interest and Julie Charland brought the magic that only music creates. Attending the Memorial Day Parade in our own front yard (see photos below) and participating in a poetry reading allowed us to pause and consider weightier aspects of our lives, together, with respect and an affirming perspective.

May was great. On the Cape, our "true summer" has begun and with all the activities and celebrations planned for June, summer is looking to be amazing too.



Spotlight Continued - Mary Rapoza

Time back on the Cape has been especially meaningful to her small family. Now, Mary is on a different kind of voyage and pondering a return to school.

We are honored to be part of her journey and glad that Mary is a part of ours at Decatur House.

Mary with her children



Mary with Nancy D.

Coming June 30!



Mobile Dental Hygeine Services
are coming to Decatur House

To sign up email -

Jennifer@DecaturHouse.com

<https://www.mobiledentalhygiene.com/>



You're Invited!

Decatur House Family BBQ
Thursday, June 19th
12:30-1:30 p.m.

Family members and close friends
are invited to join us for a BBQ on
Thursday, June 19 from 12:30 -
1:30 p.m. at Decatur House.

Please RSVP to
Sarah@DecaturHouse by 06/12

BBQ will take place rain or shine!

JUNE 2025



DECATUR HOUSE

Assisted Living in Sandwich Village

Around the House

Community SPOTlight

MARY RAPOZA



It is time to formally introduce one of our newer additions to the resident care staff at Decatur House: Mary Rapoza. Mary said she has always loved helping people and especially loves interacting with our residents. Her coworkers describe her as easygoing, and helpful with a nice positive energy. Mary describes herself as a true Cape Codder.

Mary grew up in Falmouth, where her parents, Dick and Terry Rapoza, owned a refuse-removal truck company and built their family home.

Construction must have been in the family genes, because Mary and her three sisters-built tree houses, forts, and bunny trails where they played and rode their minibikes. Mary hails from a family with many nurses, and graduated from Upper Cape Health Careers as a Certified Nurses Assistant, a career that has allowed her to pursue her deep desire to travel and see new places. Soon after graduating, Mary visited family in Nova Scotia, Canada.

Later, after the children were mostly raised, she and daughter Krista and her late son, Corey, took a road trip that extended several years to Morro Bay, CA., The Big Sir Highway and the states and towns along the way to Solvang, California; making memories that she'll treasure forever.

When circumstances changed, her little family decided to journey back home to Cape Cod where clambakes and cook-outs on Washburn Island beckoned.

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