Around the House DECEMBER 2024

#### Spotlight Continued - Ed Mogan

Described by those who know him best as kind, caring, laid-back, and everoptimistic, he always strives to focus on what truly matters: love, family, and living each day with gratitude. Whether it's on Cape Cod, in Boston, Charleston, or Key West, he cherishes the journey and the people who make it so extraordinary.

This Thanksgiving Ed was crowned as "House Turkey" by Sarah, a coveted honor reserved for the most holiday spirited resident!

### Explore Grief, Loss, Sexuality, and Aging at Decatur House's Lunch & Learn

Mark your calendars for an insightful and empowering Lunch & Learn seminar at Decatur House on Thursday, December 12, from 12:30 to 1:30 p.m.

This special event will explore the vital yet often overlooked topics of grief, loss, sexuality, and aging, featuring renowned speaker Dr. Jane Fleishman. Dr. Fleishman is an AASECT Certified Sexuality Educator, accomplished researcher, and engaging speaker with a passion for helping individuals and organizations navigate complex discussions around aging and sexuality.

During this seminar, attendees will gain tools and insights to address these sensitive topics with compassion and understanding.

Spaces are limited, so reserve your seat today! RSVP to Sarah@DecaturHouse.com

## **NOVEMBER ROUNDUP**











As November comes to a close, we reflect on another special month filled with engaging activities and heartfelt moments. Here's a wrap-up! Musical Highlights -We had the pleasure of hosting two wonderful musical performances this month. Julie Charland's melodies filled the house with joy and nostalgia. Rick Walsh's energizing performance had residents dancing along.

Fitness and Fun -Volunteer Donna Klucevsek from Feisty Lion brought her energy and expertise to lead our residents in Tai Chi classes, promoting relaxation and balance. She also introduced a boxing class this month, which was a smashing hit—residents loved the chance to try something new and energizing! *See photo of Donna with Ralph top left and Francine also top left!* Additionally, Susan Lee Nolan visited to provide Reiki sessions for residents, adding a soothing and restorative element to our month.

Delicious Dining Adventures - Before the season ended, we made a cherished visit to Seafood Sam's for a final taste of their delicious fare. For a cozy change of pace, we hosted a lunch-in where residents selected their favorite warm soups and hearty sandwiches from Panera. *See photo top middle*. Additionally, Chef Cynthia held a Smoothie-Making Workshop. She whipped up delicious smoothies, and residents enjoyed learning the art of blending fresh ingredients. *See photos of Anita and Chuck top right, and Nancy D. bottom left*.

Spiritually Speaking - Corpus Christi continued their visits this month, offering communion to residents who wished to partake. These moments of spiritual connection remain an important part of our community.

Creative and Crafty - Our crafting sessions were buzzing with activity this month. Residents poured their hearts into creating special crafts to honor Veterans for Veterans Day, showing their gratitude and artistic flair. *See photo bottom left*.

Thanksgiving Spirit - And of course, Chef Cynthia and her team made us a delicious Thanksgiving feast and our hearts and stomachs were full. See photo of Lourana and Connie bottom middle, our Sandwich Giant bottom right, and Judy's birthday celebration bottom right!

Welcome December! We can't wait to continue the fun and festivities as we embrace the holiday season!











## **Holiday Party!**

Dear Family Members,

We look forward to seeing you this weekend!

77 Date: Saturday, December 7th, 2024

**○** Time: 3 PM − 5 PM

Location: Decatur House, 176 Main St. Sandwich, MA 02563

We've planned an afternoon full of festive cheer, complete with a special performance by the Glasstown Carolers, starting right at 3 PM.

#### A RSVP Details

Kindly confirm your attendance by December 3rd, to help us prepare. Sarah@DecaturHouse.com / 508-888-6404

We can't wait to celebrate together and make this year's gathering truly magical.

# **Seeking Baby Pictures!**

We are looking for pictures of our residents as babies for our New Year's Baby Board. If you can share one with Mikaela, she will be sure to return it to you in perfect condition. Her email is

Mikaela@DecaturHouse.com or you can mail it to her attention.

# Autumn Open House a Success!



Earlier this month, Decatur House welcomed local elder care professionals to explore what makes our community so special.

Guests enjoyed guided tours of our beautiful residence and mingled with our charming residents and caring staff and learned more about the unique approach that sets Decatur House apart. From our high staff-to-resident ratio and our ability to adapt services as needs change, we were happy to share that we provide personal care plans for each resident and work closely with our families.

Guests were especially impressed with the intimate and locally owned nature of our community, which allows us to make timely decisions that prioritize our residents' well-being.

The evening featured delicious refreshments and engaging conversations, creating an atmosphere that reflected the sense of family and community we strive to nurture every day at Decatur House.

We were thrilled to hear positive feedback from attendees, many of whom expressed confidence in recommending Decatur House to their clients or loved ones.

As always, thank you for entrusting the care of your loved ones to Decatur House. It is an honor and a privilege.



Devan Michael from Comfort Keepers is pictured with our staff members Nicole Cabral and Brittney Madonna.

## DECEMBER 2024



# **Around the House**

# Community SPOTlight



#### **ED MOGAN**

We are thrilled to welcome our newest resident, Ed Mogan, to Decatur House. Always smiling and ready with a kind word, it is nice to have Ed and his sweet dog Marnie with us!

Ed grew up in Norwood but spent much of his adult life on Cape Cod, where he built a family and a successful career as a builder. Through his company, Mogan Homes, he crafted many homes on the Cape.

As a loyal husband, father and grandfather, family has always been his greatest joy. He shared a marriage of 49 years with his wife, Leah, until her recent passing earlier this month. He loves spending time with his daughters, Lisa and Corinne, and takes great joy in being "Pop Pop" to his granddaughters, Gabriella and Isla.

Though there was a brief adventure to Charleston, South Carolina, Cape Cod is home to Ed. Spending time on their family boat, socializing with friends at the Hyannis Yacht Club, and hosting gatherings; especially their annual Christmas party, always brought him great joy.

In quieter moments, he is an avid reader, drawn to thrilling tales by Stephen King and John Grisham. His passion for music is equally strong, with a soft spot for artists like Simon and Garfunkel, the Eagles, and Dave Matthews Band. Whether he's walking his dog Marnie, playing solitaire on the computer, watching a game of football or laughing along to The Christmas Story for the umpteenth time, he tends to always find joy in life's simple pleasures.