

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:30 Strengthen w/Aerobics 11:00 Bananagrams 2:00 Massage & Reiki w/Susan Lee Nolan 3:00 The August Gazette 4:00 Afternoon Social	2 10:30 DrumFIT 11:00 High Roller Dice Game 2:00 BINGO 3:00 Balloon Volley 4:00 Afternoon Social Trivia: "Dog Days of Summer"	3 -- HAIR SALON DAY -- 2:00 & 3:00: Scenic Drives	4 10:30 YouTube Funnies 11:00 Words-in-a-Word 2:00 Sing-along w/Janice! 3:00 Classic Hang Man 4:00 Afternoon Social Concierge Service	5 10:00 Sit & Be Fit 10:30 BINGO 2:00 "Your Choice Friday" (Choice of Group Activities) 4:00 Afternoon Social HAPPY BIRTHDAY LUCILLE!	6 10:00 "The Rosary" (TV-138) 7:10 Red Sox vs. Kansas City (TV-38) HAPPY BIRTHDAY MARION!
7 9:00 Sunday Morning (CBS TV-channel 4) 10:00 Catholic Mass (TV-138) 2:10 Red Sox vs. Kansas City (TV-38)	8 10:30 Sit & Be Fit 11:00 Bananagrams 2:00 Monday Movie Matinee 4:00 Afternoon Social & Trivia	9 10:30 DrumFIT 11:00 High Roller Dice Game 2:00 BINGO 3:00 Balloon Volley 4:00 Afternoon Social	10 -- HAIR SALON DAY -- - MANICURES by MIKAELA - 2:00 & 3:00: Scenic Drives	11 10:30 Words-in-a-Word 11:30 Daniel Entertains Us! 2:00 BINGO 3:00 Balloon Volley 4:00 Afternoon Social Concierge Service	12 10:30 Sit & Be Fit 11:00 Matt Browne Sings! 2:00 "Your Choice Friday" (Choice of two Group Activities) 4:00 Afternoon Social	13 10:00 "The Rosary" (TV-138) 7:15 Red Sox vs. Yankees (TV-6)
14 9:00 Sunday Morning (CBS TV-channel 4) 10:00 Catholic Mass (TV-138) 7:08 Red Sox vs. Yankees HAPPY BIRTHDAY HELEN!	15 10:30 Strengthen w/Aerobics 11:00 Bananagrams 2:00 Paint with Sandy! 4:30 Afternoon Social HAPPY BIRTHDAY SANDRA!	16 10:30 DrumFIT 11:00 High Roller Dice Game 2:00 BINGO 4:00 Comedy Hour Social (Bring Your Best Joke!) National Joke Day	17 -- HAIR SALON DAY -- 10:30 Sit & Be Fit 11:00 Activities with Alex 2:00 & 3:00: Scenic Drives 3:00 BINGO 4:00 Afternoon Social	18 10:30 What's in the News? 11:30 Words-in-a-Word 2:00 BINGO 4:00 "Name That Tune" w/Lourana at the piano Concierge Service	19 10:00 Sit & Be Fit 10:30 BINGO 2:00 "Your Choice Friday" (Choice of two Group Activities) 4:00 Afternoon Social	20 10:00 "The Rosary" (TV-138) 10:30 Sit & Be Fit 11:00 Classic Hang Man 2:00 Crafts with Alex 4:00 Afternoon Social
21 9:00 Sunday Morning (CBS TV-channel 4) 10:00 Catholic Mass (TV-138) 10:30 Crafts with Alex 2:00 BINGO 4:00 Afternoon Social HAPPY BIRTHDAY KYLE!	22 10:30 Sit & Be Fit 11:00 Bananagrams 2:00 Monday Movie Matinee 4:00 Afternoon Social & Trivia	23 10:30 DrumFIT 11:00 High Roller Dice Game 2:00 BINGO 3:00 Balloon Volley 4:00 Afternoon Social HAPPY BIRTHDAY PAT CRAM!	24 -- HAIR SALON DAY -- 10:30 Sit & Be Fit 11:00 Activities with Alex 2:00 & 3:00: Scenic Drives 3:00 BINGO 4:00 Afternoon Social	25 10:30 What's in the News? 11:30 Words-in-a-Word 2:00 BINGO 3:00 Balloon Volley 4:00 Afternoon Social Concierge Service	26 10:30 Sit & Be Fit 11:00 Rick Walsh Entertains! 2:00 "Your Choice Friday" (Choice of two Group Activities) 4:00 Afternoon Social	27 10:00 "The Rosary" (TV-138)
28 9:00 Sunday Morning (CBS TV-channel 4) 10:00 Catholic Mass (TV-138) HAPPY BIRTHDAY JEANETTE!	29 10:30 Sit & Be Fit 11:00 Bananagrams 2:00 Paint with Mo 4:30 Afternoon Social & Trivia HAPPY BIRTHDAY JOCELYN!	30 10:30 DrumFIT 11:00 High Roller Dice Game 2:00 BINGO 3:00 Balloon Volley 4:00 Afternoon Social	31 -- HAIR SALON DAY -- 10:30 Sit & Be Fit 11:00 Activities with Alex 2:00 & 3:00: Scenic Drives 3:00 BINGO 4:00 Afternoon Social	August 2022		