

September Roundup



September saw us bid farewell to an all-too-short summer, and ‘hello’ to some crisp fall mornings that called

for a cozy sweater.

Music was an important part of nearly every day, beginning with Janice Hannah’s weekly afternoon sing-along, while Jana Ahnquist led residents in a Sunday morning hymn sing.

We enjoyed return appearances by singer-musicians Julie Charland and Mike Dardis, and frequently initiated our own spontaneous sing-alongs.

Monday mornings find Alexander Glore, a talented young pianist and vocalist, leading a pre-luncheon sing-along. A student at Riverview School, Alexander participates in our student intern program.

We enjoyed an interesting live walking tour, via Zoom, of Ireland’s ancient Dublin.

Artist Wendi C. Smith pictured above with resident Ginny, helped residents create their very own paintings of a winding beach path, which were later framed for display.

Our own Alex Smith – a nursing and activities assistant –is leading activity programs on Wednesdays and alternate weekends. Alex is especially proficient at crafts and we anticipate many fun and creative projects this fall.

Spotlight: Humphrey continued -

On his days off, Humphrey likes to “cut the lawn, chill in the back yard and watch a little TV.” His tastes in music include reggae, soul and “a little hip hop.”

Humphrey is dad to four adult sons, including one in the Marine Corps. He resides in Mashpee with his wife, Lattoya (see photo), and their 17-year-old daughter, Antonian.

Humphrey is happy to be back at Decatur House and treasures his interaction with its residents. “I’ve loved it here since I worked here as a cook,” he said. “I’m fascinated by what you can learn from people when they tell you about their lives,” he said.

Just as we are fascinated to learn about yours, Humphrey.

Around the House: Videos continued -

Decatur House, and what they loved most about the homey 38-apartment residence.

Excellent food, kind staff and the beautiful house and grounds were common themes that came up time and again in the interviews. According to Pat, “Everyone that comes in here is happy that they chose Decatur House.”

Trish Brown, daughter of Patty said, “Everything is right here at Decatur House. Her doctor comes here. She gets her haircut here. Her nails are taken care of here. She gets beautifully home-cooked meals. We can visit all the time. It’s a godsend for us.”

View the videos on our website at [www.decaturhouse.com](http://www.decaturhouse.com)!



Around the House

New Videos Capture Warmth and Spirit of Decatur House



Decatur House hired Hawk Visual Media to capture the essence of its beautiful assisted living community nestled in the heart of

Sandwich Village, by developing videos for use on its website and social media.

This July, the team from Hawk came to DH to meet residents, their visiting family members and staff. They experienced, and captured, the activities, laughter, love and care that goes into a normal day at the House.

It was a steamy summer day and the gardens were a bloom with lilies, hydrangeas and roses. Residents enjoyed a full roster of activities, from chair yoga and a game of hangman in the morning to a visiting musician and painting in the afternoon.

The videographers took footage of all of the activities, as well as interviewed residents and their family members about why they chose

Continued on back page

COMMUNITY SPOT LIGHT

VINCENT “HUMPHREY”



A favorite among staff and residents alike, Vincent Humphrey is a nursing assistant with a winning personality.

A native Jamaican, Humphrey relocated in 2000 to South Florida’s flourishing West Indian community.

There, he fulfilled his love for tropical plants and gardening by working as a landscaper. He also enjoyed playing cricket and soccer -- Jamaica’s most popular sports -- and expertly prepared his favorite Caribbean dishes.

Upon moving to Cape Cod, Humphrey’s culinary skills earned him a position at Roche Bros. in Mashpee, where he became assistant kitchen manager. He also cooked at Decatur House for a couple of years.

After 16 years as a cook, Humphrey decided to pursue a career in the health field. “No more kitchens!” he said, shaking his head. “Now I just want to eat, not cook.”

Continued on back page



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# October 2022

						<b>1</b> 10:00 "The Rosary" (TV-138) 10:30 Team Jeopardy 2:00 BINGO 4:00 Afternoon Social <b>Happy Birthday Kelsea!</b>
<b>2</b> 9:00 <i>Sunday Morning</i> (CBS TV-4) 10:00 Catholic Mass (TV-138) 4:25 Patriots vs. Packers (TV-4) Puzzles, Word Games and Art Supplies available all day.	<b>3</b> 10:30 Alexander Entertains! 11:00 Classic Hang Man 2:00 Monday Movie Matinee 4:00 Afternoon Social	<b>4</b> 10:30 DrumFIT 11:00 High Roller Dice Game 2:00 BINGO 3:00 Balloon Volley 4:00 <b>Sing Along w/Janice!</b> Yom Kippur Begins	<b>5</b> -- HAIR SALON DAY -- -- <b>Manicures by Mikaela</b> -- 10:30 Fitness Fun 11:00 BINGO 2:00 & 3:00: Scenic Drives 2:00 Craft: Fall Door Decor 4:00 Afternoon Social	<b>6</b> 10:30 What's in the News? 11:00 Words-in-a-Word 2:00 BINGO 3:00 Balloon Volley 4:00 Sing Along Social --- Concierge Service ---	<b>7</b> 10:00 Beanbag Toss 10:30 BINGO 2:00 "Your Choice Friday" (Choice of two Group Activities) 4:00 Afternoon Social <b>Happy Birthday Bella!</b>	<b>8</b> 10:00 "The Rosary" (TV-138) 10:30 Fitness Fun 11:00 Words-in-a-Word 2:00 Apple Cider & Caramel Apples 4:00 Afternoon Social
<b>9</b> 10:00 Catholic Mass (TV-138) 10:30 Craft: An Apple Magnet 2:00 BINGO 4:00 Afternoon Social Sukkot Begins	<b>10</b> 10:30 Alexander Entertains! 11:00 Classic Hang Man 2:00 Monday Movie Matinee 4:00 Afternoon Social Columbus Day (US)	<b>11</b> 10:30 DrumFIT 11:00 High Roller Dice Game 2:00 BINGO 3:00 Balloon Volley 4:00 <b>Sing Along w/Janice!</b>	<b>12</b> -- HAIR SALON DAY -- 10:30 Fitness Fun 11:00 BINGO 2:00 & 3:00: Scenic Drives 2:00 Scarecrow Craft 4:00 Afternoon Social	<b>13</b> 10:30 October Trivia <b>11:00 Matt Browne Sings!</b> 2:00 Scrabble & More 3:00 Balloon Volley 4:00 Afternoon Social --- Concierge Service ---	<b>14</b> 10:30 Beanbag Toss 11:00 Sing-along 2:00 "Your Choice Friday" (Choice of two Group Activities) 4:00 Afternoon Social	<b>15</b> 10:00 "The Rosary" (TV-138) 10:30 Team Jeopardy 2:00 BINGO 4:00 Afternoon Social
<b>16</b> 9:00 <i>Sunday Morning</i> (CBS TV-channel 4) 10:00 Catholic Mass (TV-138) <b>11:00 Hymn Sing with Jana</b> 1:00 Patriots vs. Browns (Ch-4) <b>Happy Birthday Bonnie!</b>	<b>17</b> 10:30 Alexander Entertains! 11:00 Classic Hang Man 2:00 Monday Movie Matinee 4:00 Afternoon Social	<b>18</b> 10:30 DrumFIT 11:00 High Roller Dice Game 2:00 BINGO 3:00 Balloon Volley 4:00 <b>Sing Along w/Janice!</b>	<b>19</b> -- HAIR SALON DAY -- 10:30 Fitness Fun 11:00 BINGO 2:00 & 3:00: Scenic Drives 2:00 Craft: Autumn Bookmark 4:00 Afternoon Social	<b>20</b> 10:30 Sit & Be Fit 11:00 BINGO <b>2:00 Paint with Wendi</b> 2:00 Puzzle Table 4:15 Afternoon Social --- Concierge Service ---	<b>21</b> 10:00 Beanbag Toss 10:30 BINGO 2:00 "Your Choice Friday" (Choice of two Group Activities) 4:00 Afternoon Social	<b>22</b> 10:00 "The Rosary" (TV-138) 10:30 Fitness Fun 2:00 Activity with Alex 4:00 Afternoon Social
<b>23</b> 10:00 Catholic Mass (TV-138) 10:30 Sit & Be Fit 11:00 BINGO 2:00 Candy Corn Canvas 4:00 Afternoon Social	<b>24</b> 10:30 Alexander Entertains! 11:00 Classic Hang Man 2:00 Monday Movie Matinee 4:00 Afternoon Social 8:15 Patriots vs. Chicago Bears Diwali (Hindi)	<b>25</b> 10:30 DrumFIT 11:00 High Roller Dice Game 2:00 BINGO 3:00 Balloon Volley 4:00 Afternoon Social	<b>26</b> -- HAIR SALON DAY -- 10:30 Fitness Fun 11:00 BINGO 2:00 & 3:00: Scenic Drives 2:00 Craft: Candy Bags for Trick-or-Treaters 4:00 Afternoon Social <b>Happy Birthday Joe!</b>	<b>27</b> 10:30 Classic Hang Man 11:30 Scrabble & More <b>2:00 Demystifying Mindfulness</b> 3:00 Follow-up Discussion 4:00 Country Western Social --- Concierge Service ---	<b>28</b> 10:30 Balloon Toss <b>11:00 Julie Charland Sings!</b> 2:00 "Your Choice Friday" (Choice of two Group Activities) 4:00 Afternoon Social	<b>29</b> 10:00 "The Rosary" (TV-138) 10:30 Team Jeopardy 2:00 BINGO 4:00 Afternoon Social
<b>30</b> 9:00 <i>Sunday Morning</i> (CBS TV-channel 4) 10:00 Catholic Mass (TV-138) 1:00 Patriots vs. Jets (Ch-4) Puzzles, Word Games and Art Supplies available all day.	<b>31</b> 10:30 Alexander Entertains! 11:00 Classic Hang Man 2:00 Movie: <i>Young Frankenstein</i> 4:00 <b>Halloween Social w/Jana</b> 5:30 Welcome Trick-or-Treaters Halloween	<div>  <div>      </div> </div>				