

Community Happenings

from Cathy Ode, our Community Life Director

Fall is here and cold weather is coming, but we're warm and cozy here in the house. There's much to be thankful for!

In October we were treated to our first live music performance in months, watching from inside the dining room and listening through the open windows as Brian Kelly (Ruth's son) serenaded us from outside.

Our Saturday Music Bingo has been a hit! Most players quickly recognize the songs – each a popular old standard – and search their 'bingo' cards for the title. Typically, we cannot resist the urge to sing along!

Absentee ballots allowed everyone who wanted to to cast their vote in the upcoming elections. The Sandwich Town Clerk's office was very helpful throughout that process.

We're excited about our first "Family Orientation Session" slated for Nov. 12. Families will be invited to sign up for a virtual meeting, to learn more about life at the House. The theme for the Fall 2020 meeting is "Holidays at the House."

Other planned November activities include pear tasting and exploring history through the eyes of our veterans.



Staff spotlight: Leanne, continued

Leanne's family will expand next year, adding two daughters-in-law with the weddings of her sons.



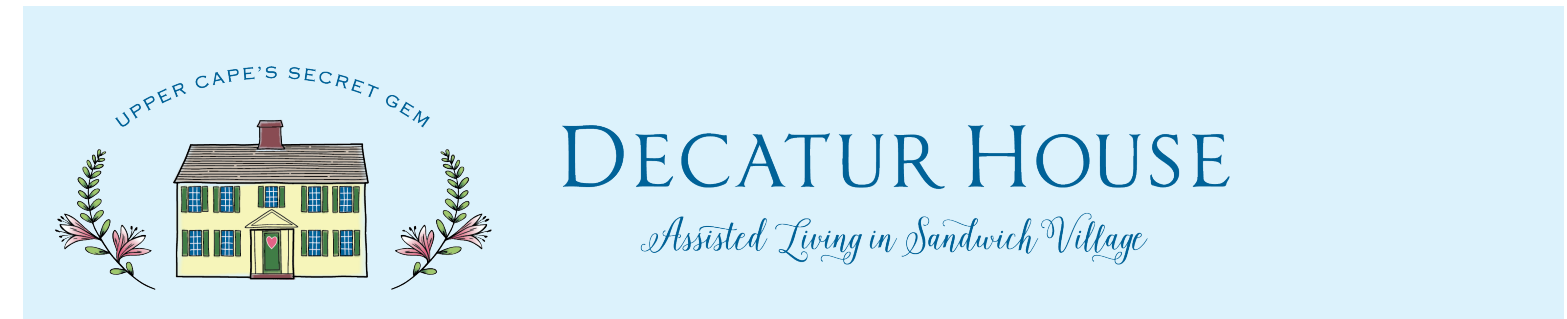
Family travel is a big part of Leanne's life, and she happily recalls trips to the Caribbean country of Belize,

as well as California, and Florida. The most recent venture, in October, was a family hike in the mountains of New Hampshire.

She says she believes in a healthy lifestyle, with a focus on diet and exercise. She stays fit by biking, weight-training, yoga and walking her "grand-puppies." And while others might be wolfing down lasagna and a slice of yummy cheesecake at lunch, Leanne can often be seen enjoying a cup of yogurt and fresh fruit.

An avid golfer before she began raising a family, Leanne looks forward to resuming the game someday. And she is sure to get some helpful pointers from her husband, an accomplished player who serves as Golf Course Superintendent at the storied Hyannisport Club.

Leanne says she "enjoys the atmosphere and appreciates the care the residents are given at Decatur House." But adds that most of all, she "values her relationships with the residents."



Around the House

NOVEMBER 2020

News

Indoor Visits Welcome Family Members

November brings indoor visits into the house living room Monday to Sunday (excluding Saturday) at 10 am and 2 pm, with one family visit per time slot with up to two visitors. Families can schedule up to, but no more than, 2 visits per week. (This allows us to accommodate all families wanting to visit.)

Slots can be reserved online as usual. Visitors will be screened at the front door and led directly to the living room. Staff members will escort residents (wearing masks) to the living room for the visit and then back to their rooms or an activity after the visit ends.

Holiday Visits Require Extra Precautions

The holidays bring fresh challenges for keeping visits safe. Though we understand families want to, and are used to being together during the holidays, family members who are not in a resident's usual bubble will need to take extra precautions before visiting Decatur House. These include signing a document stating they've quarantined for 2 weeks up to their visit or to show proof of a negative Covid test (within 3 days of their visit.)

As always, thank you for following these important safety guidelines for visits.

STAFF **SPOT** LIGHT

Leanne Columbo



Since joining us 6 ½ years ago, as a CNA, Leanne has become much more than just a staff member – she is a beloved member of the Decatur House family.

"She's very kind and very helpful," Jeanne said.


"And she's always cheerful!"

Leanne grew up in Reading, Mass., as the youngest of eight children. Following graduation from Quinnipiac College, in Connecticut, she resided briefly in Cambridge.

Leanne moved to the Cape 32 years ago. She married Tom and in 2003 they built a home in Sandwich, not far from Decatur House.

Leanne and Tom are proud parents of three grown children – two sons and a daughter, Ryan, Tom and Emma – all graduates of Tom's alma mater, the University of Massachusetts-Amherst.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10 am and 2 pm Pre-scheduled Indoor Visits <i>Manicures by Mikaela</i></p> <p>11:00 Cards & Games 1:00 Patriots vs. Bills</p> <p>3:00 BINGO 4:00 Words-in-a-Word</p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:30 Sit & Be Fit 11:00 Beanbag Toss</p> <p>3:00 BINGO 4:00 Category Trivia</p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:30 Sit & Be Fit 11:00 Let's Reminisce</p> <p>2:30 Scenic Rides 3:30 <i>Make an Autumn Leaf Tray</i></p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>HAIR SALON DAY</p> <p>3:00 Classic TV Comedy in the Living Room</p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:30 Sit & Be Fit 11:00 Putting Around (Golf)</p> <p>2:30 Bananagrams 3:30 BINGO</p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:00 Painting w/Lourana!</p> <p>2:30 Classic Hang Man 3:30 BINGO 4:30 Weekly Social Time</p>	<p>10:30 Let's Stretch! 11:00 High Roller (Dice)</p> <p>2:30 Words-in-a-Word 3:30 MUSIC BINGO</p>
<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>11:00 <i>Make Your Own Mask</i></p> <p>3:00 BINGO 4:00 Words-in-a-Word</p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:30 Sit & Be Fit 11:00 Beanbag Toss</p> <p>3:00 BINGO 4:00 You Be the Judge 8:15 Patriots vs. N.Y. Jets</p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:30 Sit & Be Fit 11:00 <i>Pear Tasting</i></p> <p>1:45 Movie Matinee 3:45 Nature Show</p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>HAIR SALON DAY</p> <p>3:00 <i>LIVE Patriotic Music Concert (via Zoom) in LR</i> Veterans Day</p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:30 Sit & Be Fit 11:00 Indoor Horseshoes</p> <p>2:00 Scenic Rides 3:30 BINGO <i>HAPPY BIRTHDAY SUZAN!</i></p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:30 Toning with Bands 11:00 <i>Paint a Birdhouse</i></p> <p>2:30 Group Crossword 3:30 BINGO 4:30 Weekly Social Time</p>	<p>10:30 Sit & Get Fit 11:00 Ring Toss</p> <p>2:30 Classic Hang Man 3:30 MUSIC BINGO 4:30 Country Music Social</p>
<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>11:00 <i>"Hymns of Hope"</i></p> <p>3:00 Scenic Rides 4:00 Words-in-a-Word 8:20 Patriots vs. Ravens</p> <p><i>HAPPY BIRTHDAY MARIA!</i></p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:30 Sit & Be Fit 11:00 Beanbag Toss</p> <p>3:00 BINGO 4:00 Category Trivia</p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:30 Sit & Be Fit 11:00 Words-in-a-Word</p> <p>2:30 Scenic Rides 3:30 <i>Counting Our Blessings</i></p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>HAIR SALON DAY</p> <p>3:00 <i>LIVE Classical Music Concert (via Zoom) in LR</i></p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:30 Sit & Be Fit 11:00 Music Trivia</p> <p>1:30 <i>Book Club</i></p> <p>2:30 Classic Hang Man 3:30 BINGO <i>HAPPY BIRTHDAY DREW!</i></p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:30 Sit & Be Fit 11:00 Indoor Horseshoes</p> <p>2:30 Words-in-a-Word 3:30 BINGO 4:30 Weekly Social Time <i>HAPPY BIRTHDAY CHARLES!</i></p>	<p>10:30 Toning with Weights 11:00 <i>Craft a Yarn Pumpkin</i></p> <p>2:30 Ring Toss 3:30 MUSIC BINGO</p>
<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>11:00 Cards & Games 1:00 Patriots vs. Texans 3:00 Scenic Rides 4:00 Words-in-a-Word</p> <p><i>HAPPY BIRTHDAY EMMA!</i></p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:30 Sit & Be Fit 11:00 Beanbag Toss</p> <p>3:00 BINGO 4:00 "Tech Talk"</p>	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:30 Sit & Be Fit 11:00 Group Crosswords</p> <p>1:45 Movie Matinee 3:45 History Channel</p>	<p>10 am, 2 pm, and 4 pm Pre-scheduled Indoor Visits</p> <p>HAIR SALON DAY</p> <p>3:00 Classic TV Comedy</p>	<p>10 am, 2 pm, and 4 pm Pre-scheduled Indoor Visits</p> <p><i>Happy Thanksgiving</i></p> 	<p>10 am and 2 pm Pre-scheduled Indoor Visits</p> <p>10:30 Sit & Be Fit 11:00 Ring Toss</p> <p>2:30 Cards & Games 3:30 BINGO 4:30 Weekly Social Time</p>	<p>10:00 Painting with Lourana</p> <p>2:30 Classic Hang Man 3:30 MUSIC BINGO</p>
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