

## October Roundup



Everyone enjoyed our festive Halloween party, headed by the entertaining singer and pianist Jana Ahnquist,

who created a fun – if spooky -- experience for all.

Later, we resumed our long-time tradition of greeting young trick-or-treaters with candy and a scare-free welcome. *Here, resident Barbara is pictured with her daughter, Kirby.*

Artist Wendi C. Smith helped our budding Renoirs create their own fall foliage paintings, which were later framed for display.

Our array of musical programs included weekly sing-a-longs led by singer-pianist Janice Hannah.

Pete Cormier, founder and director of The Awareness Project, presented “Demystifying Mindfulness,” an introduction to mindfulness training.

Residents enjoyed an outing to the nearby Heritage Cinema to see the new romantic comedy starring George Clooney and Julia Roberts.

Since learning we have a sizeable number of former bowlers in our midst, discussions are underway to form a bowling club, with occasional “Brunch & Bowl” outings to nearby lanes.

### *Spotlight: Bonnie continued -*

A savvy collector of antiques and collectibles, Bonnie was especially partial to the hauntingly lovely Byers Carolers figurines. [Every holiday season, Decatur House displays its own collection of Byers Salvation Army carolers.]

One of Bonnie’s favorite pastimes was visiting casinos – often with fellow teachers – where she played the “penny and quarter” slot machines for hours on end.

Bonnie felt at home inside a casino, but not so much in her own kitchen. “The only thing she cooked was fudge!” Dawn said. Indeed, Bonnie is a hopeless chocoholic.

Dawn recalled a Caribbean cruise with her aunt, for whom the ship’s “Midnight Chocolate Buffet” was arguably the high point.

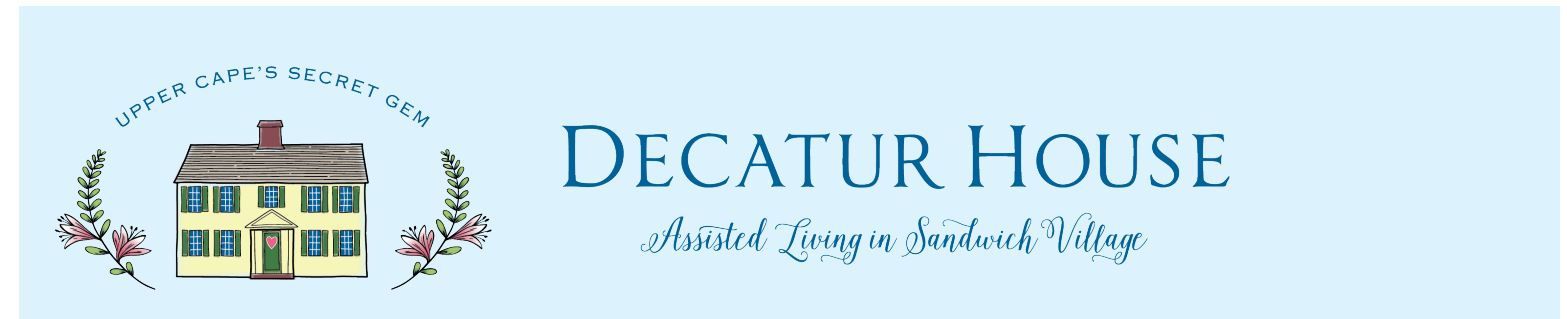
Even today, when Dawn concludes a visit with Bonnie she always asks, “Do you need anything, Aunt Bon?” Bonnie quickly replies, “A bag of m&m’s, of course!”

### *Around the House: New ED continued -*

see as next generation improvements.

Sarah’s used her 25 years of management, fundraising and fiscal experience to update the House’s computer systems and website and use more automation to simplify processes; build community partnerships; and expand Hospice care.

Sarah lives in Sagamore Beach with her husband, David; their three children, Isabella, Peter and Oliver; and two joyful dogs.



## Around the House

NOVEMBER 2022

### Carrying on Legacy of Decatur House a Privilege for New ED

COMMUNITY **SPOT** LIGHT

#### **BONNIE MCNALLY**



While serving as Decatur House’s Executive Director is a relatively new position for Sarah Tribuzio, she is not new to Decatur House. In fact, her

wedding reception was held on the front lawn of the beautiful property 22 years ago and all of the residents were in attendance!

Her mother and father, Linda and Steve Austin, built the lovely community in order to offer a specialized, unique option for assisted living. Sarah loves working at Decatur House and feels that it’s her privilege to carry on this legacy.

She promises, “The warmth and joy you feel when you walk through the doors of Decatur House will not change, and our commitment to keeping our team and the level of care strong, will remain steadfast under my leadership as well.”

Some of the things that have been changing are what Decatur House hopes that the public will

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Seemingly indefatigable, Bonnie McNally is a vivacious lady who does not like to be bored.

She attends every activity and spends

her ‘down time’ working diligently on word puzzles, or in the garden dead-heading spent blossoms.

A retired math teacher, Bonnie grew up in Arlington before moving to West Barnstable. She taught in the Braintree school system for 35 years, commuting daily from her home on the Cape.

While Bonnie still loves serene walks on the beach and collecting shells, she was once an avid kayaker. “She’d just pick it up, put it on top of her car and she’d be off kayaking all over the place,” her niece, Dawn Woodward, said.

A lifelong Red Sox fan, Bonnie brought Dawn and her brother, Scott, to their first Sox games when they were children.

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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November

<p>10:00 Catholic Mass (TV-138) 10:30 Fall Craft w/Alex 1:00 Patriots vs. Colts (Ch-4) 2:00 BINGO 4:00 Afternoon Social</p> <p>Daylight Saving Time Ends</p>	<p>10:30 Classic Movie Trivia 11:00 Words-in-a-Word 2:00 BINGO 3:00 Balloon Volley 4:00 Afternoon Social</p>	<p>-- HAIR SALON DAY -- -- Manicures by Mikaela -- 10:30 Fitness Fun 11:00 BINGO 2:00 &amp; 3:00: Scenic Drives 2:00 Seasonal Craft w/Alex 4:00 Afternoon Social <b>Happy Birthday David &amp; Larry!</b></p>	<p>10:30 Let's Sing! 11:00 Categories Challenge 2:00 BINGO 4:00 Afternoon Social <b>Happy Birthday Jean C!</b> -- Concierge Service --</p>	<p>10:30 What's in the News? 11:00 Team Trivia 2:00 "Your Choice Friday" (Choice of Group Activities) 4:00 Afternoon Social</p>	<p>10:00 "The Rosary" (TV-138) 10:30 Fitness Fun 11:00 Words-in-a-Word 2:00 Fall Craft w/Alex 4:00 Afternoon Social</p>
<p>10:00 Catholic Mass (TV-138) 10:30 Fall Craft w/Alex 1:00 Patriots vs. Colts (Ch-4) 2:00 BINGO 4:00 Afternoon Social</p> <p>Daylight Saving Time Ends</p>	<p>10:30 Alexander Entertains! 11:00 Words-in-a-Word 2:00 Monday Movie Matinee 4:00 Afternoon Social <b>Happy Birthday Jackie &amp; Ted</b></p>	<p>10:30 DrumFIT 11:00 BINGO 2:00 Rick Walsh Sings! 3:00 Balloon Volley 4:00 Afternoon Social</p> <p>Election Day</p>	<p>-- HAIR SALON DAY -- 10:30 Fitness Fun 11:00 BINGO 2:00 &amp; 3:00: Scenic Drives 2:00 Seasonal Craft w/Alex 4:00 Afternoon Social</p>	<p>10:00 Veterans Coffee 10:30 Let's Sing! 11:00 Words-in-a-Word 2:00 BINGO 3:00 Balloon Volley 4:00 Afternoon Social --- Concierge Service ---</p>	<p>10:30 What's in the News? 11:00 Patriotic Music Trivia 1:00 Recognize Our Heroes 2:00 "Your Choice Friday" (Choice of Group Activities) 4:00 Afternoon Social</p> <p>Veterans Day</p>
<p>9:00 Sunday Morning (CBS TV-channel 4) 10:00 Catholic Mass (TV-138) Puzzles, Word Games and Art Supplies available all day.</p>	<p>10:30 Fun Weekly Horoscope 11:00 Words-in-a-Word 2:00 Monday Movie Matinee 4:00 Afternoon Social</p>	<p>10:30 DrumFIT 11:00 Bananagrams 2:00 BINGO 3:00 Let's Stretch! 4:00 Afternoon Social <b>HAPPY BIRTHDAY MARIA!</b></p>	<p>-- HAIR SALON DAY -- 10:30 Fitness Fun 11:00 BINGO 2:00 &amp; 3:00: Scenic Drives 2:00 Seasonal Craft w/Alex 4:00 Afternoon Social</p>	<p>10:30 Let's Stretch! 11:00 BINGO 2:00 Paint with Wendi! 2:15 Word Search Puzzles 4:30 Afternoon Social --- Concierge Service ---</p>	<p>10:30 What's in the News? 11:00 Team Trivia 2:00 "Your Choice Friday" (Choice of two Group Activities) 4:00 "Name That Tune" w/Lourana at the Piano!</p>
<p>10:00 Catholic Mass (TV-138) 10:30 Thanksgiving Trivia 11:00 Sing Hymns with Jana 1:00 Patriots vs. Jets (Ch-4) 2:00 BINGO 4:00 Afternoon Social <b>Happy Birthday Carmela!</b></p>	<p>10:30 Alexander Entertains! 11:00 Words-in-a-Word 2:00 Matt Browne Sings! 4:00 Afternoon Social <b>Happy Birthday Ryan!</b></p>	<p>10:30 DrumFIT 11:00 High Roller Dice Game 2:00 BINGO 3:00 Balloon Volley 4:00 Afternoon Social</p>	<p>-- HAIR SALON DAY -- 10:30 Fitness Fun 11:00 BINGO 2:00 &amp; 3:00: Scenic Drives 2:00 Seasonal Craft w/Alex 4:00 Afternoon Social</p>	<p><b>HAPPY THANKSGIVING!</b> 12:30 Traditional Thanksgiving Day Meal 8:20 Pats vs. Vikings-NBC Thanksgiving Day (US)</p>	<p>10:30 What's in the News? 11:00 Nostalgia Trivia 2:00 "Your Choice Friday" (Choice of Group Activities) 4:00 Afternoon Social --- Concierge Service ---</p>
<p>9:00 Sunday Morning (CBS TV-channel 4) 10:00 Catholic Mass (TV-138) Puzzles, Word Games and Art Supplies available all day.</p>	<p>10:30 Fun Weekly Horoscope 11:00 Words-in-a-Word 2:00 Monday Movie Matinee 4:00 Afternoon Social</p>	<p>10:30 DrumFIT 11:00 High Roller Dice Game 2:00 BINGO 3:00 Let's Stretch 4:00 Sing Along with Jana! <b>Happy Birthday Judy!</b></p>	<p>-- HAIR SALON DAY -- 10:30 Fitness Fun 11:00 BINGO 2:00 &amp; 3:00: Scenic Drives 2:00 Seasonal Craft w/Alex 4:00 Afternoon Social <b>HAPPY BIRTHDAY Melissa, Maddie &amp; Mikayla!</b></p>		