

# April Roundup



If you had to guess what month we were in, the weather would not have been a good indicator. April threw us for a loop! Cold or hot though, it didn't keep us from getting in great activities.

Easter came early this year! Residents enjoyed coloring Easter Eggs with Karen. Tilly's daughter, Donna put together a little Easter egg hunt for all to enjoy. We also had a delicious Sunday dinner that our chefs, Dave and Jody served, along with a fun visit from the Easter Bunny. *See photo of Tilly above!*

Additionally, we have introduced some new fitness programs. Besides our regular Drumfit and Chair Yoga, we have added Boxing and Zumba. Soon we will be offering Tai Chi and getting out for daily walks.

We also went on some wonderful outings this month. We shared a delicious lunch at Canalside Dining Room and the men enjoyed a "Gentleman's Luncheon" at the Sagamore Inn. *See photo above.* They loved it so much that they have requested monthly outings.

Our big highlight was seeing the musical production of Les Misérables by Sandwich H.S. Knights Theater Co., which residents remarked was "fantastic!"

**Spotlight: Mary Clare Davis continued -**  
'cookie swaps,' caroling and hide-and-seek.

After a decade "at home with kids," Mary Clare re-entered the work force as a certified ultrasonographer.

Whether a medical professional, super-mom or retiree, Mary Clare has always been active and game to try anything her kids did, including skiing and rowing. She has been swimming for 30 years and still loves doing water aerobics.

When she began researching assisted living options, her visits eventually brought her to Decatur House. "When I saw this place, I knew this was the one ... it was kismet," she said. "I love everything about it!"

**Adirondack Chair Continued**  
the Sandwich Arts Alliance is rewarding."

Artist Sandra Taylor-Vose has been working with a committee of Decatur House residents, *including Lourana Thomas and Nancy Clark pictured above*, to develop the theme, prime the chair and begin painting.

The residents aren't ready to tell you much about their chair yet... They want you to come see it for yourself at Decatur House this summer!

There will be a sneak peek event May 12 at the Sandwich Arts Alliance Center before all of the chairs go to their summer homes Memorial Day through Labor Day. Finally, the Chair Auction will take place in mid-September at the Sagamore Inn. We'll keep you posted on the details!



## Around the House

MAY 2023

### Decatur House Joins 2023 Adirondack Chair Trail!



We had such a great time at "Sandwich Art Alliance's 2022 Adirondack Chair Trail Auction" that we decided to participate this year.

The way the event works is, a local business sponsors an artist who creates a theme and paints a one-of-a-kind Adirondack chair that is displayed throughout the summer at a business in town. A map is created and people go on a scavenger hunt and find all 23 of the unique chairs.

Last year, Decatur House purchased a beautiful chair entitled, "Garden Delight" created by artist, Elizabeth A. Murphy. Now, it sits on our front porch for the enjoyment of all of our visitors!

According to Decatur House Executive Director, Sarah Tribuzio, "So many Decatur House residents are talented artists. We felt that they would enjoy being involved. Supporting their interests, while supporting

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COMMUNITY **SPOT** LIGHT

### Mary Clare Davis



Stylish, savvy and sociable, Mary Clare Davis has been a notable addition to our Decatur House family.

Mary Clare moved here from an independent living community, where she had resided since 2020, following the death of John, her husband of 50 years.









Her gregarious personality made Mary Clare a community favorite among her neighbors. "They called her their 'resident ambassador' and 'mayor,'" her daughter, Kristen, said. Mary Clare also has another daughter, Kelly, and a son, Scott, all residing in Massachusetts.

Mary Clare worked for 20 years as a hospital X-ray technician, but when the kids came along, she put aside that career and embarked on redefining the role of motherhood.

"She was like the 'neighborhood mom' - everyone loved coming over to our house!" Kristen said. "There were circuses, plays, crafts,

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 10:00 * Cribbage (at *SCAL) 10:30 Heart-health Aerobics 11:00 BINGO  2:00 Monday Movie Matinee: <i>Matilda</i>  4:00 Sunroom Social  May Day	<b>2</b> 10:30 DrumFIT 11:00 High Roller Dice Game  2:00 BINGO 3:00 Balloon Volley 4:00 Sunroom Social	<b>3</b> -- HAIR SALON --  10:30 Chair Yoga 11:00 BINGO  2:00 Garden Club Meeting 4:00 Afternoon Social	<b>4</b> 10:30 * Scrabble 10:30 Boxing in Place 11:00 Armchair Travel: "Copenhagen"  2:00 BINGO 4:00 Sunroom Social  -- Concierge Service --	<b>5</b> 10:30 "Your Choice Friday" (Choice of Group Activities)  2:00 BINGO <b>3:00 Knit with Cathy!</b> 4:00 Sunroom Social  Cinco de Mayo	<b>6</b> 10:30 Let's Get Fit! 11:00 "Game of Life"  2:00 History: Ronald Reagan 4:00 Sunroom Social 6:00 <i>Lawrence Welk Show</i> Channel 9  <b>Happy Birthday, Mary Clare!</b>
<b>7</b> 9:00 <i>Sunday Morning</i> (CBS TV-channel 4) 10:00 Catholic Mass (TV-138) 10:30 Culinary Craft Corner  2:00 BINGO 4:00 Sunroom Social 6:00 <i>Lawrence Welk Show</i>	<b>8</b> 10:00 * Cribbage 10:30 Heart-health Aerobics 11:00 Rummikub & More  2:00 Monday Movie Matinee: <i>The Four Seasons</i>  4:00 Sunroom Social	<b>9</b> 10:00 Veterans Coffee 10:30 DrumFIT 11:00 High Roller Dice Game  2:00 POKENO 3:00 Balloon Volley 4:00 Sunroom Social  <b>HAPPY BIRTHDAY, JOAN!</b>	<b>10</b> -- HAIR SALON --  10:30 Chair Yoga 11:00 BINGO  2:00 Mothers' Day Crafts 4:00 Afternoon Social  <b>HAPPY BIRTHDAY, ALEX!</b>	<b>11</b> 10:30 * Scrabble 10:30 Strengthen w/Weights 11:00 Armchair Travel: "Edinburgh"  <b>2:00 Rick Walsh Entertains!</b> 4:00 Sunroom Social  -- Concierge Service --	<b>12</b> 10:00 * Hot Topics Discussion Group 10:30 "Your Choice Friday" (Choice of Group Activities)  2:00 MUSIC BINGO <b>3:00 Knit with Cathy!</b> 4:00 Sunroom Social	<b>13</b> 10:30 Chair Zumba 11:00 Categories Trivia  <b>2:00 Paint with Lourana!</b> 4:00 Sunroom Social 6:00 <i>Lawrence Welk Show</i>
<b>14</b> 10:00 Catholic Mass (TV-138) 12:30 Mother's Day Luncheon 6:00 <i>Lawrence Welk Show</i>  <b>Puzzles, Word Games and Art            Supplies available all day.</b>  Mother's Day National Skilled Nursing Week	<b>15</b> 9:00am * Memory Training 10:00 * Cribbage 10:30 * "Sea Captains of Cape Cod" 10:30 Heart-health Aerobics 2:00 Monday Movie Matinee: <i>Jerry Maguire</i>	<b>16</b> 10:30 High Roller Dice Game 11:30 Men's Lunch Outing  2:00 BINGO 3:00 Balloon Volley 4:00 Sunroom Social	<b>17</b> -- HAIR SALON -- 10:30 Words-in-a-Word 11:00 BINGO  7:10 Red Sox vs. Seattle <b>Puzzles, Word Games and Art            Supplies available all day.</b>  <b>Happy Birthday Mo &amp; Grace!</b>	<b>18</b> 10:30 * Scrabble 10:30 Boxing in Place 11:00 Armchair Travel: "London: Historic & Dynamic"  <b>2:00 Paint with Wendi!</b> 4:15 Sunroom Social -- Concierge Service --	<b>19</b> 10:30 "Your Choice Friday" (Choice of Group Activities)  2:00 BINGO <b>3:00 Knit with Cathy!</b> 4:00 Sunroom Social	<b>20</b> 10:30 Chair Zumba 11:00 Categories Trivia  2:00 Music Bingo 4:00 Sunroom Social <b>Military Theme Songs</b> 6:00 <i>Lawrence Welk Show</i>  Armed Forces Day
<b>21</b> 9:00 <i>Sunday Morning</i> (CBS TV-channel 4) 10:00 Catholic Mass (TV-138) 10:30 Culinary Craft Corner  2:00 BINGO 4:00 Sunroom Social 6:00 <i>Lawrence Welk Show</i>	<b>22</b> 9:00am * UCLA Memory Training 10:30 Heart-health Aerobics 11:00 BINGO  2:00 Monday Movie Matinee: <i>Elsa and Fred</i>  4:00 Sunroom Social	<b>23</b> 10:30 DrumFIT 11:00 High Roller Dice Game  2:00 POKENO 3:00 Balloon Volley 4:00 Sunroom Social	<b>24</b> -- HAIR SALON --  10:30 Chair Yoga 11:00 BINGO  2:00 Craft: Beading with Joyce 4:00 Afternoon Social	<b>25</b> 10:30 * Scrabble 10:30 Strengthen w/Weights 11:00 Armchair Travel: "The Swiss Alps"  2:00 BINGO 4:00 Sunroom Social  -- Concierge Service --	<b>26</b> 10:00 * Hot Topics Discussion Group 10:30 "Your Choice Friday" (Choice of Group Activities)  <b>2:00 Harry French Entertains!</b> 4:00 Sunroom Social	<b>27</b> 10:30 Chair Zumba 11:00 Categories Trivia  2:00 Music Bingo 4:00 Sunroom Social 6:00 <i>Lawrence Welk Show</i>
<b>28</b> 10:00 Catholic Mass (TV-138)  6:00 <i>Lawrence Welk Show</i> Channel 9 <b>Puzzles, Word Games and Art            Supplies available all day.</b>  <b>HAPPY BIRTHDAY, JEN!</b>	<b>29</b>  <b>HAPPY MEMORIAL DAY</b>  <b>Puzzles, Word Games and Art            Supplies available all day.</b>  Memorial Day	<b>30</b> 10:30 DrumFIT 11:00 High Roller Dice Game  2:00 BINGO 3:00 Balloon Volley  <b>4:00 Name That Tune            Social</b> w/Lourana at the Piano	<b>31</b> -- HAIR SALON --  10:30 Meditation 11:00 BINGO  2:00 Craft: Suncatchers  4:00 Afternoon Social	<div>  <h1>May 2023</h1> <div>      </div> </div>		