

February Roundup



Early February brought unseasonably mild weather, including a few record-breaking warm days ideal for outings.

Our first trip was to nearby Heritage Theater for the new Tom Brady comedy, 80 for Brady, with its stellar cast of treasured veteran actresses. *Lourana is pictured above on the right at the movie theater.*

We next enjoyed a fun luncheon at the popular Marshland Restaurant & Bakery, a local landmark for over 50 years.

Artist Sandy Taylor-Vose coaxed students out of their comfort zone by introducing them to watercolors. Each painter met the challenge admirably, creating their own haunting sunset over a picturesque lagoon.

The Mardi Gras social was also a festive affair, replete with traditional Dixieland music, colorful beads and decorative masks. *See Bonnie pictured above on the left in her festive mask!*

We are staying fit through an array of daily exercise programs, including Wednesday Morning Chair Yoga, a popular new class led by Karen.

Spotlight: Shirley & Stefan continued -

Shirley – you might like her,’ Stefan recounted, with an impish smile. “I said, ‘Why would I want her if you didn’t?’” Shirley reacted with mock concern. “You don’t want to change your mind now, do you?” she asked, with a mischievous grin. In response, Stefan just smiled broadly and held Shirley’s hand to his cheek.

When not holding Shirley’s hand, Stefan is likely operating their GrandPad, a tablet computer that enables them to make phone calls, e-mail friends, do live video chats with family, share photos and surf the Web. On Sundays they “participate” in their church’s service, televised live on the GrandPad.

Among the couple’s most memorable experiences was a Danube River cruise that docked in Vienna, where they visited the church where Stefan’s parents were wed.

They were led to the church’s inner sanctum, where centuries-old documents were archived, including a very special certificate from 1930. “To be standing in the very room where my parents were wed, and then see their original marriage license -- it was a very emotional time for me,” Stefan said.

The Vogels also have a shared passion for music and enjoyed singing in their church choir. Shirley is quite comfortable at the keyboard of our baby grand piano. Stefan, a retired school principal, was an accomplished classical guitarist until his hands became arthritic. But he still manages to play the piano, and recently entertained fellow residents with a spirited rendition of “Red Wing.”



Around the House

MARCH 2023

Love is in the Air!



Decatur House felt the love on Valentine’s Day! Joyful Noise Preschool and the Friends of Sandwich Public Library created sweet valentines for our residents, which brought big smiles to their faces.

Chef David went all out to make the day extra special. We had a lovely Valentine’s Day meal of beef tenderloin, mashed potatoes and asparagus, followed by a decadent red velvet cake and chocolate-dipped strawberries for dessert.

Each resident received a long-stemmed red rose and we held a special Valentine’s Day social hour with wonderful hors d’oeuvres and romantic music. *In the photo below, Personal Care Assistant, Nicole serves Mo.*



COMMUNITY SPOT LIGHT

Shirley & Stefan Vogel



New residents Shirley and Stefan Vogel -- typically seen holding hands, her head resting lovingly on his chest -- could easily be mistaken for newlyweds.

But in fact, the Vogels will celebrate their 37th

wedding anniversary in August. Asked for the secret to their enduring, fairytale-like relationship, Stefan is quick to reply.

“We’re both religious – not insanely so – but we do share our strong faith,” Stefan said. They also share a love of family and a delightful sense of humor, apparent as they playfully tease each other.

And so it was when Stefan described the unique way in which they came to meet. His first wife had passed away and Shirley’s husband – ironically, Stefan’s old army buddy – had simply gone away.

“After he left her, he told me, ‘You should meet

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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2023



<div> <div>5</div> <div> <div> <div>9:00</div> <div><i>Sunday Morning</i></div> <div>(CBS TV-channel 4)</div> </div> <div> <div>10:00</div> <div>Catholic Mass (TV-138)</div> </div> </div> <div> <div>Puzzles, Word Games and Art Supplies available all day.</div> </div> </div>	<div> <div>6</div> <div> <div> <div>10:30</div> <div>Heart-health Aerobics</div> </div> <div> <div>11:00</div> <div>Rummikub</div> </div> </div> <div> <div>2:00</div> <div>Monday Movie Matinee:</div> <div><i>The Lavender Hill Mob</i></div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> <div> <div>Purim Begins</div> </div> </div>	<div> <div>7</div> <div> <div> <div>10:00</div> <div>Veteran' Coffee</div> </div> <div> <div>10:30</div> <div>DrumFIT</div> </div> <div> <div>11:00</div> <div>High Roller Dice Game</div> </div> </div> <div> <div>2:00</div> <div>BINGO</div> </div> <div> <div>3:00</div> <div>Balloon Volley</div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> </div>	<div> <div>8</div> <div> <div>-- HAIR SALON --</div> </div> <div> <div>10:30</div> <div>Chair Yoga</div> </div> <div> <div>11:00</div> <div>BINGO</div> </div> <div> <div>2:00</div> <div>Scrabble</div> </div> <div> <div>4:00</div> <div>Afternoon Social</div> </div> </div>	<div> <div>9</div> <div> <div> <div>10:30</div> <div>Toning with Bands</div> </div> <div> <div>11:00</div> <div>Armchair Travel:</div> <div>"Milan & Lake Como"</div> </div> </div> <div> <div>2:00</div> <div>Bananagrams</div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> <div> <div>-- Concierge Service --</div> </div> </div>	<div> <div>10</div> <div> <div> <div>10:30</div> <div>"Your Choice Friday"</div> <div>(Choice of Group Activities)</div> </div> </div> <div> <div>2:00</div> <div>BINGO</div> </div> <div> <div>3:00</div> <div>Knit with Cathy!</div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> </div>	<div> <div>11</div> <div> <div> <div>10:00</div> <div>"The Rosary" (TV-138)</div> </div> <div> <div>10:30</div> <div>Toning w/Bands</div> </div> <div> <div>11:00</div> <div>Categories Trivia</div> </div> </div> <div> <div>2:00</div> <div>POKENO</div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> </div>
<div> <div>12</div> <div> <div> <div>9:00</div> <div><i>Sunday Morning</i></div> <div>(CBS TV-channel 4)</div> </div> <div> <div>10:00</div> <div>Catholic Mass (TV-138)</div> </div> <div> <div>10:30</div> <div>Decorate Cup Cakes</div> </div> <div> <div>2:00</div> <div>BINGO</div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> </div> <div> <div>HAPPY BIRTHDAY LOURANA!</div> </div> <div> <div>Daylight Saving Time Begins</div> </div> </div>	<div> <div>13</div> <div> <div> <div>10:30</div> <div>Heart-health Aerobics</div> </div> <div> <div>11:00</div> <div>POKENO</div> </div> </div> <div> <div>2:00</div> <div>Monday Movie Matinee:</div> <div><i>Our Souls at Night</i></div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> <div> <div>HAPPY BIRTHDAY JODY!</div> </div> </div>	<div> <div>14</div> <div> <div> <div>10:30</div> <div>DrumFIT</div> </div> <div> <div>11:00</div> <div>Rummikub</div> </div> </div> <div> <div>2:00</div> <div>BINGO</div> </div> <div> <div>3:00</div> <div>Balloon Volley</div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> <div> <div>HAPPY BIRTHDAY BARBARA!</div> </div> </div>	<div> <div>15</div> <div> <div>-- HAIR SALON --</div> <div>-- Manicures by Mikaela --</div> </div> <div> <div>10:30</div> <div>Chair Yoga</div> </div> <div> <div>11:00</div> <div>BINGO</div> </div> <div> <div>2:00</div> <div>Craft: Shamrock Wreath</div> </div> <div> <div>4:00</div> <div>Afternoon Social</div> </div> <div> <div>Ramadan Begins</div> </div> </div>	<div> <div>16</div> <div> <div> <div>10:30</div> <div>Toning with Bands</div> </div> <div> <div>11:00</div> <div>Armchair Travel:</div> <div>"Dublin & Mystical Tours"</div> </div> </div> <div> <div>2:00</div> <div>Matt Browne Entertains</div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> <div> <div>HAPPY BIRTHDAY MARCUS!</div> </div> <div> <div>-- Concierge Service --</div> </div> </div>	<div> <div>17</div> <div> <div> <div>10:30</div> <div>Words-in-a-Word</div> </div> <div> <div>11:30</div> <div>Irish Step Dancers</div> </div> </div> <div> <div>10:30</div> <div>"Your Choice Friday"</div> <div>(Choice of Group Activities)</div> </div> <div> <div>4:00</div> <div>St. Paddy's Social</div> </div> <div> <div>St. Patrick's Day</div> </div> </div>	<div> <div>18</div> <div> <div> <div>10:00</div> <div>"The Rosary" (TV-138)</div> </div> <div> <div>10:30</div> <div>Get Strong w/Weights</div> </div> <div> <div>11:00</div> <div>Categories Trivia</div> </div> </div> <div> <div>2:00</div> <div>Music Bingo</div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> </div>
<div> <div>19</div> <div> <div> <div>9:00</div> <div><i>Sunday Morning</i></div> <div>(CBS TV-channel 4)</div> </div> <div> <div>10:00</div> <div>Catholic Mass (TV-138)</div> </div> </div> <div> <div>Puzzles, Word Games and Art Supplies available all day.</div> </div> </div>	<div> <div>20</div> <div> <div> <div>10:30</div> <div>Heart-health Aerobics</div> </div> <div> <div>11:00</div> <div>Rummikub</div> </div> </div> <div> <div>2:00</div> <div>Monday Movie Matinee:</div> <div><i>The Full Monty</i></div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> <div> <div>Spring Begins</div> </div> </div>	<div> <div>21</div> <div> <div> <div>10:30</div> <div>DrumFIT</div> </div> <div> <div>11:00</div> <div>High Roller Dice Game</div> </div> </div> <div> <div>2:00</div> <div>BINGO</div> </div> <div> <div>3:00</div> <div>Balloon Volley</div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> </div>	<div> <div>22</div> <div> <div>-- HAIR SALON --</div> </div> <div> <div>10:30</div> <div>Chair Yoga</div> </div> <div> <div>11:00</div> <div>BINGO</div> </div> <div> <div>2:00</div> <div>Scrabble</div> </div> <div> <div>4:00</div> <div>Afternoon Social</div> </div> <div> <div>Ramadan Begins</div> </div> </div>	<div> <div>23</div> <div> <div> <div>10:30</div> <div>Toning with Bands</div> </div> <div> <div>11:00</div> <div>Armchair Travel:</div> <div>"The Majesty of Madrid"</div> </div> </div> <div> <div>2:00</div> <div>Categories Trivia</div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> <div> <div>-- Concierge Service --</div> </div> </div>	<div> <div>24</div> <div> <div> <div>10:30</div> <div>"Your Choice Friday"</div> <div>(Choice of Group Activities)</div> </div> </div> <div> <div>2:00</div> <div>BINGO</div> </div> <div> <div>3:00</div> <div>Knit with Cathy!</div> </div> <div> <div>4:00</div> <div>Sing-along Social</div> </div> <div> <div>HAPPY BIRTHDAY IRENE!</div> </div> </div>	<div> <div>25</div> <div> <div> <div>10:00</div> <div>"The Rosary" (TV-138)</div> </div> <div> <div>10:30</div> <div>Let's Get Fit!</div> </div> <div> <div>11:00</div> <div>Garden Club Meeting</div> </div> </div> <div> <div>2:00</div> <div>History: Elizabeth II</div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> </div>
<div> <div>26</div> <div> <div> <div>9:00</div> <div><i>Sunday Morning</i></div> <div>(CBS TV-channel 4)</div> </div> <div> <div>10:00</div> <div>Catholic Mass (TV-138)</div> </div> <div> <div>10:30</div> <div>Make a Bird Feeder</div> </div> <div> <div>2:00</div> <div>BINGO</div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> </div> </div>	<div> <div>27</div> <div> <div> <div>10:30</div> <div>Heart-health Aerobics</div> </div> <div> <div>11:00</div> <div>POKENO</div> </div> </div> <div> <div>2:00</div> <div>Monday Movie Matinee:</div> <div><i>The Lady Killers</i></div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> <div> <div>1:30</div> <div>Paint with Sandy!</div> </div> </div>	<div> <div>28</div> <div> <div> <div>10:30</div> <div>DrumFIT</div> </div> <div> <div>11:00</div> <div>BINGO</div> </div> </div> <div> <div>2:00</div> <div>Residents' Meeting</div> </div> <div> <div>3:00</div> <div>Balloon Volley</div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> </div>	<div> <div>29</div> <div> <div>-- HAIR SALON --</div> </div> <div> <div>10:30</div> <div>Chair Yoga</div> </div> <div> <div>11:00</div> <div>BINGO</div> </div> <div> <div>2:00</div> <div>Scrabble</div> </div> <div> <div>4:00</div> <div>Afternoon Social</div> </div> </div>	<div> <div>30</div> <div> <div> <div>10:30</div> <div>Balloon Toss</div> </div> <div> <div>11:00</div> <div>RICK WALSH SINGS!</div> </div> </div> <div> <div>2:00</div> <div>Bananagrams</div> </div> <div> <div>4:00</div> <div>Sunroom Social</div> </div> <div> <div>-- Concierge Service --</div> </div> </div>	<div> <div>31</div> <div> <div> <div>10:30</div> <div>"Your Choice Friday"</div> <div>(Choice of Group Activities)</div> </div> </div> <div> <div>2:00</div> <div>BINGO</div> </div> <div> <div>3:00</div> <div>Knit with Cathy!</div> </div> <div> <div>4:00</div> <div>Country Western Social</div> </div> </div>	<div> <div>goodbye WINTER hello Spring</div> </div>