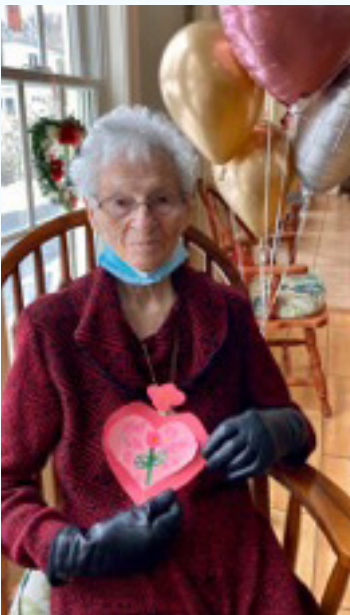


Community Happenings



In years past, we’ve invited community members in for programs, and families have always been part of holiday celebrations. Of course, everything is different right now! But thanks to our caring community, residents received hand-made Valentines this year from Girl Scout Troop 80826 and the Dugan family. They really brightened everyone’s holiday.

On a cold February day, we had fun learning about and taste-testing tropical fruits. Have you ever tried dragon fruit? It was everyone’s favorite, followed closely by mango. Staff members Lauren and Elaine helped polish off the leftovers.



Everyone’s ready for sunshine and warmer weather; already, more residents are walking outside. We’re so happy we can have small groups again, with safety protocols in place of course.

As we await the resumption of in-person visits, please know the Zoom visit sign-up link is active: <https://www.signupgenius.com/go/9040549a4a922a4f85-family1>. We do request 48-hours’ notice, so we can have an iPad and staff member available. Thank you for your continued patience with our commitment to safety for your loved ones. Happy Spring!

By Cathy Ode, Community Life Director

Spotlight: Ashley Suba, continued



She loves family movie nights with her daughters, Lillian (age 10) and Eleanor (age 3). She’s a serious sports fan too.

When asked to describe a dream getaway, Ashley immediately says “Tahiti.” From her faraway look, you can tell she’s picturing herself in one of those grass-covered huts on stilts or bobbing in teal-colored water as the soft breezes blow... During these cold New England winters, that’s a dream we can all enjoy!

Ashley’s highly competent care for the residents, combined with her kind heart and upbeat nature, make her a wonderful asset for Decatur House.

By Cathy Ode, Community Life Director

News, continued

Welcome to the Family!

While we did experience loss over the last few months, since the start of 2021, we’ve also welcomed new residents to the House. Most have moved into our new addition. We look forward to getting to know each other and growing our Decatur House family in the coming months.

Welcome Pat, Jane, Jim, Sherry and Ted!



DECATUR HOUSE
Assisted Living in Sandwich Village

Around the House

MARCH 2021

News

Making Life Easier for You

We understand that attending outside appointments can be challenging and encourage residents to take advantage of the convenience of our in-house services. In addition to regular day-to-day personal assistance, we offer our residents the following fee-based services, right here at home:

- weekly hair salon service with Stephanie Santos
- quarterly podiatrist visits with Dr. David Whitney
- quarterly dental hygienist visits with Mobile Dental Hygiene Services
- primary care visits with Dr. Chaitra Channappa of Housecalls Physicians
- fall prevention screening and follow up planning with CareTenders

Read more about these services at decaturhouse.com or email decaturn@decaturnhouse.com for more information or to sign up for services.

What Winter Brought Us

Our bout with Covid came and left with our having avoided losing anyone to the virus. We are grateful for the safe recovery of several of our staff and residents and to CVS for vaccinating us.

Nevertheless, we said sad goodbyes to a small number of residents this winter, several who’d been with us for years. We will miss them all. We are blessed to have had these special people in our workdays and in our lives. Our hearts go out to the families of all of the residents they—and we—have lost.

Continued on back page

COMMUNITY SPOTLIGHT Ashley Suba











Ashley has been with Decatur House for about four years. It turns out, she’s basically family: her godmother was owner Linda Austin’s neighbor! When Ashley decided to get some experience while pursuing her nursing education, her godmother said “I know the perfect job for you” ... and the rest, as they say, is history.

Prior to coming to Decatur House, Ashley had worked in a law firm and managed a Market Basket grocery store, but she’s truly found her home here. Resident Care Director, Jillian Hunt, admires Ashley’s work ethic and professionalism, saying “she’s honest, reliable, and hard-working.” Ashley says her favorite things about work are the one-on-one nature of assisted living and “the chance to make someone else’s day better.” And her desire to make another person’s day better isn’t just for their benefit; she says “helping someone else makes me happy too.”

Having grown up in Bourne, Ashley is a fan of all things related to the beach, at all times of year.

Continued on back page

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>“Good luck is another name for tenacity of purpose.” ~Ralph Waldo Emerson</p>	<p>1</p> <p>10:45 Sit & Be Fit 11:15 Ring Toss</p> <p>3:30 BINGO</p>	<p>2</p> <p>10:45 Sit & Be Fit 11:15 Dr. Seuss Day</p> <p>1:45 Movie Matinee</p> <p>4:00 Scenic Ride</p> <p>Zoom family visits</p>	<p>3</p>  <p>HAIR SALON DAY</p> <p>Concierge Services</p>	<p>4</p> <p>9:00 Chair Yoga with Rebecca Reeves</p> <p>10:15 BINGO</p> <p>Zoom family visits</p>	<p>5</p> <p>10:45 Words-in-a-Word</p> <p>4:30 Friday Social</p>	<p>6</p> <p>10:00 The Rosary on Channel 183</p> <p>2:00 BINGO</p> <p>Zoom family visits</p>
<p>7</p> <p>10:00 Religious Service (TV)</p> <p>2:00 Miss Fisher's Mysteries Episode #1 (in the LR on Amazon Prime)</p>	<p>8</p> <p>10:45 Sit & Be Fit 11:15 International Women's Day</p> <p>3:30 BINGO</p>	<p>9</p> <p>10:45 Chair Yoga with Rebecca Reeves</p> <p>Resident Meeting @ Lunch</p> <p>3:45 Current Events with John Shea</p> <p>Zoom family visits</p>	<p>10</p>  <p>HAIR SALON DAY</p> <p>Manicures with Mikaela</p> <p>Concierge Services</p>	<p>11</p> <p>10:45 Sit & Be Fit 11:15 "Clover All Over" Day</p> <p>2:00 BINGO</p> <p>Zoom family visits</p>	<p>12</p> <p>10:45 St. Patrick's Day craft</p> <p>4:30 Friday Social</p> <p>HAPPY BIRTHDAY LOURANA!</p>	<p>13</p> <p>10:00 The Rosary on Channel 183</p> <p>2:00 BINGO</p> <p>SPRING FORWARD! Turn clocks ahead one hour at bedtime</p> <p>Zoom family visits</p>
<p>14</p> <p>10:00 Religious Service (TV)</p> <p>2:00 Miss Fisher's Mysteries Episode #2 (in the LR on Amazon Prime)</p> <p>Daylight Saving Time Begins</p>	<p>15</p> <p>10:45 Coffee & Chronicle 11:15 All About St. Pat's!</p> <p>3:30 BINGO</p>	<p>16</p> <p>10:45 Chair Yoga with Rebecca Reeves</p> <p>1:45 Movie Matinee</p> <p>4:00 Scenic Ride</p> <p>Zoom family visits</p>	<p>17</p>  <p>HAIR SALON DAY</p> <p>Concierge Services</p> <p>St. Patrick's Day</p>	<p>18</p> <p>10:45 Sit & Be Fit 11:15 Bananagrams & Card Games</p> <p>2:30 JULIE CHARLAND & DENYA LEVINE A Live Music Performance</p> <p>Zoom family visits</p>	<p>19</p> <p>10:45 Painting w/Lourana</p> <p>4:30 Friday Social</p>	<p>20</p> <p>10:00 The Rosary on Channel 183</p> <p>2:00 BINGO</p> <p>HAPPY BIRTHDAY JANE!</p> <p>Zoom family visits</p> <p>Spring Begins</p>
<p>21</p> <p>10:00 Religious Service (TV)</p> <p>2:00 Miss Fisher's Mysteries Episode #3 (in the LR on Amazon Prime)</p>	<p>22</p> <p>10:45 Sit & Be Fit 11:15 "Name That Tune" in the Sunroom</p> <p>3:30 BINGO</p>	<p>23</p> <p>10:45 Chair Yoga with Rebecca Reeves</p> <p>3:45 Current Events with John Shea</p> <p>Zoom family visits</p>	<p>24</p>  <p>HAIR SALON DAY</p> <p>Concierge Services</p>	<p>25</p> <p>10:45 Sit & Be Fit 11:15 "All About Apples" Social</p> <p>2:00 BINGO</p> <p>Zoom family visits</p>	<p>26</p> <p>10:45 "Flower Fairies" craft project</p> <p>4:30 Friday Social</p>	<p>27</p> <p>10:00 The Rosary on Channel 183</p> <p>2:00 BINGO</p> <p>HAPPY BIRTHDAY VIRGINIA!</p> <p>Zoom family visits</p> <p>Passover Begins</p>
<p>28</p> <p>10:00 Religious Service (TV)</p> <p>2:00 Miss Fisher's Mysteries Episode #4 (in the LR on Amazon Prime)</p> <p>Palm Sunday</p>	<p>29</p> <p>10:45 Sit & Be Fit 11:15 Pearl Bailey Day</p> <p>3:30 BINGO</p>	<p>30</p> <p>10:45 Chair Yoga with Rebecca Reeves</p> <p>1:45 Movie Matinee</p> <p>4:00 Scenic Ride</p> <p>Zoom family visits</p>	<p>31</p>  <p>HAIR SALON DAY</p> <p>Concierge Services</p>	<div>  <p>decaturhouse.com</p> </div> <div> <h1>March 2021</h1>  </div> <div>  </div>		

Activities subject to change based on residents' needs and interests. For more information about Activities, contact Cathy or Maureen at 508-888-6404, extension 108