June Roundup



Summertime and the living's easy!

June brought sunshine, lush flower gardens and bustling tourists to beautiful Sandwich Village!

We've been having a lot of fun at Decatur House.

Chef Dave has made us some delicious meals from cheeseburgers on the grill and summer veggies to a scrumptious Father's Day steak dinner.

Additionally, we've enjoyed Mindfulness Training with Peter Cormier, luncheons at Seafood Sams and the Sagamore Inn, trips to the movies and more.

"Culinary Corner" and crafting with Karen are big hits. Many residents participated in the painting activity (see photo).

Residents were happy to taste test when Paula LaRochelle, resident Pat Cram's daughter, came to demonstrate how to make quesadillas (see photo).

Finally, our wonderful volunteer, Janice Hannah has returned from Florida and is playing the piano and engaging everyone in song!

Spotlight: Tilly Cardinale continued -

band, as well as worked as a salesman, selling musical instruments. Tilly worked at a sewing factory in Boston's Chinatown, and soon thereafter, earned her American citizenship.

Together, Tilly and Joe welcomed three children - two daughters and one son. Tilly was a stay-at-home mom. She cooked Betty Crocker American casseroles and made festive German cookies each Christmas. They enjoyed camping trips to Maine and Canada out of their station wagon.

When asked the secret to the success of her long and happy marriage of 65 years, Tilly said, "loving and respecting one another."

We are grateful to have Tilly at Decatur House and when I told her about her daughter's memory of her, all decked out in her fashionable outfits, she stated in her heavy German accent, "That just gave me goose pimples, what you just said."

Activities continued -

the residents, and doing all of the things that make them happiest. "I love older people. They have so much wisdom to share. I appreciate being here, where they are given the accommodations, patience, and attention they deserve," she explained.

Kerri is a long-time resident of Bourne, where she lives with her senior rescue cat. She earned two Bachelor's Degrees from Westfield State University and graduated cum laude. She is from a "close-knit" family. Her sister has twin 9-year-olds who she loves spending time with!



Around the House

Welcome Kerri Smith!

Decatur House is thrilled to welcome Kerri



Smith as the newest member of the Activities Team.

As Activities Coordinator, Kerri will manage the volunteer program and plan activities and

develop the monthly activities calendar with Karen Horn, our CNA and Co-Activities Coordinator.

Kerri has nearly a decade of experience working with older adults from her previous role at the front desk of Beth Israel Lahey Health Primary Care Office in Sandwich.

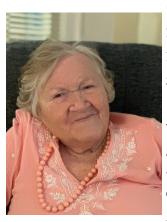
"I really enjoyed working with patients and helping them," said Kerri. "We had over 3,000 patients and usually when we saw them, they were concerned about something, or sick or sad. Helping to ease their burden just a little bit by being kind and helpful was rewarding," she said.

What Kerri says she's looking forward to most at Decatur House is getting to know *Continued on back page*

DECATUR HOUSE Assisted Living in Sandwich Willage

JULY 2023

COMMUNITY SPOT LIGHT Tilly Cardinale



One of Donna Klucevsek's favorite memories of her mom, Tilly Cardinale is seeing her dolled up in a 1960's shorts romper with white patten leather boots and a hat, ready to jet set to Spain with her father, Tilly's husband, Joe Cardinale. "My mother was very

fashionable," said Donna.

Tilly met her husband at a newspaper stand in Germany in 1921. He was an American soldier and he was singing at the Army camp that evening. Tilly accepted his invitation to attend. "I fell in love with his singing," she said.

Three months later, the two were married in Germany. Joe sang, "No Other Love Have I," to her at the wedding. When they returned to the USA, Joe's whole family welcomed Tilly at the airport!

The two built a beautiful life together. Joe played the upright bass and sang in a jazz

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		JULY				10:30 Let"s Get Fit 1 11:00 Reminisce (The Game) 2:00 History: Theodore Roosevelt 4:00 Sunroom Social Canada Day
9:00 Sunday Morning (CBS TV-channel 4) 10:00 Catholic Mass (TV-138) 10:30 Culinary Corner w/Karen 2:00 Bingo 4:00 Sunroom Social	3 10:30 Heart-Health Aerobics 11:00 Lets Get Crafty (4th of July Theme) 2:00 Monday Movie Matinee (Movie TBD) 4:00 Sunroom Social	Happy 4th Of July!410:30 4th Of July Parade2:00 BINGO4:00 Sunroom Social Independence Day (US)	HAIR SALON 5 10:30 Chair Yoga 11:00 Bingo 2:00 & 3:00 Scenic Drives 2:00 Crafts with Karen 4: 00 Sunroom Social	10:30 Lets Get Fit!611:00 Armchair Travel: " Explore Mexio"72:00 History: Ancient Egypt4:00 Sunroom Social	710:30 Lets Get Fit!11:00 " Your Choice Friday" "(Choice of Group Activities)2:00 BINGO4:00 Sunroom Social	10:30 Let"s Get Fit 11:00 Putt Putt (Golf)82:00 History: John NIxon4:00 Sunroom Social
9:00 Sunday Morning (CBS TV-channel 4) 10:00 Catholic Mass (TV-138) 6:00 Lawrence Welk Show (TV- Channel 9) Puzzles and Word Games available all day long	10:30 Heart-Health Aerobics 11:00 BINGO 2:00 Monday Movie Matinee (Movie TBD) 4:00 Sunroom Social	10:00 Veterans Coffee 10:30 DrumFIT 11:00 High Roller Dice Game 2:00 Armchair Travel: "Explore China" 4:00 Sunroom Social	HAIR SALON 10:30 Chair Yoga 11:00 Bingo 2:00 & 3:00 Scenic Drives 2:00 Craft Time: Beeding 4:00 Sunroom Social HAPPY BIRTHDAY HUMPHREY!	10:30 Boxing in Place 11:00 Word Within a Word 2:00 History: Old Hollywood 4:00 Sunroom Social	10:30 Lets Get Fit! 11:00 Cards & Board Games 2:00 BINGO 4:00 Sunroom Social	10:30 Let's Get Fit1511:00 You Think You Know Cape Cod?2:00 History: Linda Ronstadt4:00 Sunroom Social
16 9:00 Sunday Morning (CBS TV-channel 4) 10:00 Catholic Mass (TV-138) 10:30 Culinary Corner w/Karen 2:00 Bingo 4:00 Sunroom Social	10:30 Heart-Health Aerobics 11:00 Word Within a Word 2:00 Monday Movie Matinee (Movie TBD) 4:00 Sunroom Social	10:30 DrumFIT1811:00 Classic Hangman2:00 Words Starting With "T"4:00 Sunroom Social	HAIR SALON 19 10:30 Chair Yoga 11:00 Bingo 2:00 & 3:00 Scenic Drives 2:00 Craft Time: Shell Frames 4:00 Sunroom Social	20 10:30 Lets Get Fit! 11:00 Armchair Travel: "Explore Italy" 2:00 BINGO 4:00 Sunroom Social	10:30 Lets Get Fit!2111:00 BINGO2:00 " Your Choice Friday" "(Choice of Group Activities)4:00 Sunroom Social	2210:30 Let's Get Fit11:00 Cornhole2:00 History: Dwight Eisenhower4:00 Sunroom Social
23 9:00 Sunday Morning (CBS TV-channel 4) 10:00 Catholic Mass (TV-138 6:00 Lawrence Welk Show (TV-Channel 9) Puzzles and Word Games Available all day long	10:30 Heart-Health Aerobics 11:00 High Roller Dice Game 2:00 Monday Movie Matinee (Movie TBD) 4:00 Sunroom Social	10:30 DrumFIT2511:00 BINGO2:00 Lets Get Crafty4:00 Sunroom Social	HAIR SALON 26 10:30 Chair Yoga 11:00 Bingo 2:00 & 3:00 Scenic Drives 2:00 Craft Time: Bird Houses	10:30 Heart-Health Aerobics 27 11:00 Bananagrams 2:00 Pokeno 4:00 Sunroom Social	10:30 DrumFIT2811:00 BINGO2:00 Classic Hangman4:00 Sunroom Social	10:30 Let's Get Fit2911:00 Scrabble2:00 History: Princess Diana4:00 Sunroom Social
9:00 Sunday Morning (CBS TV-Channel 4) 10:00 Catholic Mass (TV-138) 10:30 Culinary Corner w/Karen 2:00 Bingo 4:00 Sunroom Social	10:30 Heart-Health Aerobics 11:00 Words Starting With "F" 2:00 Monday Movie Matinee (Movie TBD) 4:00 Sunroom Social					

Decatur House Assisted Living, 176 Main Street, Sandwich MA02563

