December Roundup





Decatur House welcomed December with joy. Residents trimmed the tree while singing songs and reminiscing about Christmas memories. Lots of laughs were had watching "It's a Wonderful Life" and "Elf."

They also relished delightful live entertainment this month. The Singing Sailors, Sandwich Soul, the Glass Town Carolers came to perform holiday favorites, as did Gary Landgren, Rick Walsh and Jana Ahnquist.

Residents enjoyed the high roller dice game, and making holiday crafts including ornaments, sleighs, and wreaths. Additionally, this month's painting class featured a water scene. Many residents said that they were gifting their masterpieces.

Nancy Franks came to speak about "Christmas Around the World." Linda took residents on scenic drives to admire the light displays in town. Father Jack came to share Holy Mass. And, Santa Claus himself delivered gifts to all of the residents! See photo of Nancy Duggan and Santa above left.

We loved sharing the holidays with residents' families and friends at our holiday party. See photo of Tilly and her family top right.

Sally continued -

It was during her tenure as a medical secretary that she met her children's father, Win Cobb III. He broke his leg skiing and she met him at the doctor's office where she worked in 1962.

Together Sally and Win welcomed 3 children: Susan, Winslow IV, and Nate. They lived in Sudbury, MA and East Dennis, MA. Sally said, "We lived in an old sea captain's house in East Dennis. My kids were involved in sports and my husband liked to take them fishing and skiing. We always had a dog and I liked to play tennis."

Described by her children as inquisitive, observant, and family-oriented with a strong faith in God, Sally says that her three children and 5 grandchildren: Liz, Ryan, Grace, Lilly, and Zach, are her proudest accomplishments in life and her greatest joys.

Her children say that Sally is a devoted mom who loves them dearly. Her son, Nate, and daughter, Susan, came to the Decatur House Christmas Party this year and she had a nice time visiting with them.

Pastimes that Sally enjoys include working on puzzles, reading her devotionals and spending time with family. She especially loves listening to Perry Como and watching Family Feud and the Lawrence Welk show. She also likes playing bingo and going out with Linda on the driving tours of Sandwich. "It's a lot of fun to sing and dance when the musicians perform the songs that we all remember," she said. Sally also loves animals, and is a big fan of the Decatur House mascots – pug dogs Evie, Maggie and Rorie. *See photo!*



DECATUR HOUSE

Assisted Living in Sandwich Willage

Around the House

JANUARY 2024

Holiday Cheer!



On December 17, Decatur House hosted a party for our residents' and their guests – 45 of our residents beloved family members and dearest friends.

The energy was jubilant; the house was as full as the plates of

our guests and the hearts of our residents.

We all enjoyed a performance by the Glass Town Carolers. Decked out in traditional Victorian garb, the carolers sang favorite Yuletide Noels.

Residents treated their guests of honor to a wonderful menu, prepared with the greatest attention to detail by Chef Alana. The menu included: lobster bisque, corn chowder, lamb lollipops with homemade chimichurri sauce, scallops and bacon, spanakopita, and a lovely charcuterie board.

Decatur House owner, Steve Austin made a trip to Braintree to pick up amazing desserts from the legendary Konditor Meister bakery!

We loved sharing the holidays with residents' families and friends!

COMMUNITY SPOT LIGHT

SALLY COBB



If you saw an orange flash a few years ago on the streets of Cape Cod ... it just may have been Sally Cobb passing by you on her bright orange motorcycle!

Sally was born in Bradford, PA and grew up in

Little Valley, NY – a small farming community in western New York. She had one brother named, John and they liked to ice skate in the winter. Their grandparents had dairy farms. Her mother, Dorothy, was a nurse and a very kind person with a wonderful sense of humor. She braided Sally's hair every morning before school. Her father, Alvin, was a salesman. She had a best friend named, Osa. Sally graduated from Little Valley High School and earned her associates degree from Alfred University.

Sally had an interesting career path over the years. She worked as a flight attendant for Eastern Airlines, as a medical secretary, in hospitalities and as a salesperson for Gatorade.

Continued on back page-

| Sunday | Monday | Tuesday | Wednesday | | Thursday | Friday | Saturday |
|--|---|---|--|----|--|---|--|
| DH | Happy New Year 10:30 Movie: Mrs. Doubtfire (TV Ch.42) Cards and Puzzles available all day | 9:00-12:00 Hair Salon 10:15 DrumFit 11:00 High Roller Dice Game 2:00 Movie Matinee: "Heart of Glass" 4:00 Sunroom Social Happy Birthday Linda H | 10:15 Chair Yoga 11:00 BINGO 2:00 & 3:00 Scenic Drive 4:00 Sunroom Social | | 9:00-12:00 Hair Salon 10:15 Tai Chi & Qigong 11:00 Card Games & Coloring 2:00 Musical Entertainment: Julie Charland 4:00 Sunroom Social | 10:15 Seated Weight Training 11:00 BINGO 2:00 Lets Get Crafty: Beading 4:00 Sunroom Social | 5 10:00 "The Rosary" (TV Ch. 138) 2:00 Word within a Word 3:00 Cards and Games 4:00 Sunroom Social 6:00 Lawrence Welk Show (TV Ch.9) |
| Sunday Morning (TV Ch. 4) 0 Catholic Mass (TV Ch. 138) BINGO Lets Stretch Sunroom Social Lawrence Welk Show (TV) | New Year's Day 10:15 Seated Mindful Meditation 11:00 Word within a Word 2:00 Movie Monday: "Mamma Mia" 4:00 Sunroom Social | 9:00-12:00 Hair Salon 10:00 Veterans Coffee 10:15 DrumFit 11:00 High Roller Dice Game 2:00 Documentary: The Happy Painter Bob Ross 4:00 Sunroom Social Happy Birthday Nicole | 10:15 Chair Yoga 11:00 BINGO 2:00 & 3:00 Scenic Drive 4:00 Sunroom Social Happy Birthday Ralph | | 9:00-12:00 Hair Salon 10:15 Tai Chi & Qigong 11:00 Card Games & Coloring 2:00 Movie Matinee: "Grease" 4:00 Sunroom Social | 10:30 Painting with Leonie 2:00 Lets Get Crafty 4:00 Sunroom Social | 2 10:00 "The Rosary" (TV Ch. 138) 2:00 Short Stories 3:00 Cards and Games 4:00 Sunroom Social 6:00 Lawrence Welk Show (TV Ch.9) |
| Sunday Morning (TV Ch. 4) 0 Catholic Mass (TV Ch. 138) BINGO Lets Stretch Sunroom Social Lawrence Welk Show (TV)) | 10:15 Seated Mindful Meditation 11:00 Words Starting with Letter "J" 2:00 Documentary: Martin Luther King Jr. 4:00 Sunroom Social Martin Luther King Jr. Day | 9:00-12:00 Hair Salon 10:15 DrumFit 11:00 High Roller Dice Game 2:00 Documentary: Benjamin Franklin 4:00 Sunroom Social | 10:15 Chair Yoga 11:00 BINGO 2:00 & 3:00 Scenic Drive 4:00 Sunroom Social | | 9:00-12:00 Hair Salon 10:15 Tai Chi & Qigong 11:30 Lunch Outing: Marshland 2:00 Movie Matinee: "My Big Fat Greek Wedding" 4:00 Sunroom Social | 10:15 Seated Weight Training 11:00 BINGO 2:00 Lets Get Crafty 4:00 Sunroom Social | 9 10:00 "The Rosary" (TV Ch. 138)20 2:00 Word within a Word 3:00 Cards and Games 4:00 Sunroom Social 6:00 Lawrence Welk Show (TV Ch.9) |
| Sunday Morning (TV Ch. 4) 0 Catholic Mass (TV Ch. 138) BINGO Lets Stretch Sunroom Social Lawrence Welk Show (TV | 10:15 Seated Mindful Meditation 11:00 Word within a Word 2:00 Movie Monday: "On Golden Pond" 2:00 Coffee and Canal Ride 4:00 Sunroom Social | 9:00-12:00 Hair Salon 10:15 DrumFit 11:00 High Roller Dice Game 2:00 Documentary: Arctic Sinkholes 4:00 Sunroom Social Resident Meeting | 10:15 Chair Yoga 11:00 BINGO 2:00 & 3:00 Scenic Drive 4:00 Sunroom Social | | 9:00-12:00 Hair Salon 10:15 Tai Chi & Qigong 11:00 Card Games & Coloring 2:00 Reiki with Suzan Lee Nolan 4:00 Sunroom Social Happy Birthday Linda A | 10:15 Seated Weight Training 11:00 BINGO 2:00 Lets Get Crafty 4:00 Sunroom Social | 10:00 "The Rosary" (TV Ch. 138) 27 2:00 Short Stories 3:00 Cards and Games 4:00 Sunroom Social 6:00 Lawrence Welk Show (TV Ch.9) |
| Activity Professionals Week Sunday Morning (TV Ch. 4) Catholic Mass (TV Ch. 138) BINGO Lets Stretch Sunroom Social Lawrence Welk Show (TV Company Sunday Morning (TV Ch. 4) | 10:15 Seated Mindful Meditation 11:00 Guessing Game: What am I? 2:00 Movie Monday: " Cheaper by the Dozen" 4:00 Sunroom Social | 9:00-12:00 Hair Salon 10:15 DrumFit 11:00 High Roller Dice Game 2:00 Documentary: Ancient Islands, Ghost City of the Pacific 4:00 Sunroom Social | Tu B'Shevat Begins 10:15 Chair Yoga 11:00 BINGO 2:00 & 3:00 Scenic Drive 4:00 Sunroom Social | 31 | JA | Australia Day (Observed) NUARY 2 | 024 |

6:00 Lawrence Welk Show (TV Ch.9)

Happy Birthday Elaine

3:45 "Sandwich Soul" Carols at Decatur House

4:00 Sunroom Social

4:00 Christmas Caroling with

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Lourana

Decatur House Assisted Living, 176 Main Street, Sandwich, MA 02563

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nair Yoga

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NGO

NGO

4:00 Christmas Caroling with

4:00 Sunroom Social

Happy Birthday Jean M & Claire & Mikaela