

Community Happenings

December brought lots of festivities, including caroling visits from Sandwich Soul (Sandwich High School) and Calvary Chapel Cape Cod, and a fun in-house carol-singing led by our own Lourana Thomas.



We were delighted by the gifts of cards and candy canes for each resident from Sandwich’s Tammy McDevitt, and crafts from resident Larry Barlow’s granddaughter Kelly Poti and her family. The family of Decatur House resident Peter Mackin sent cheerful balloons and yummy treats for all to enjoy. “It’s a wonderful life,” indeed! Thank you to ALL who helped to brighten our holidays this year.



In January, we’re excited to introduce two new programs in Activities. Local historian and retired teacher, John Shea, will present a Current Events program over Zoom, while local certified instructor Rebecca Reeves will lead a Zoom Chair Yoga class. Julie Charland returns with her lively, virtual, musical performances.

Despite the pandemic, we’re still finding ways to have fun, learn new things, stay fit, and enjoy each other’s company.

We’re wishing you all a great start to 2021!

By Cathy Ode, Community Life Director

Staff spotlight: Elaine Norton, continued

A 30-year resident of Sandwich, Elaine has three adult children, and also cares for her 6-year-old grandson, Liam. The household also includes Boo, her beloved 14-year-old, black cat.

Prior to moving to the Cape, Elaine ran her own florist shop in her native Needham. Next, she and her husband operated a successful Sandwich-based landscaping business.

Following her husband’s death, 17 years ago, Elaine transitioned to the healthcare field, which led her to Decatur House. “Now I’m on my third profession. I have to keep working until I can afford an eyelift!” she said, laughingly.

A typical day off, weather permitting, finds Elaine on a golf course or at the beach. “I love my beach!” she said. “I used to love going in my camper to Sandy Neck.”

Elaine is also quite content to stay at home, an idyllic-sounding setting featuring a Koi pond, swimming pool and gardens. “I love sitting by my pool in the summer,” she said. “And I love my flowers and vegetables,” she said.

Did we mention that she also loves cooking? “My mother-in-law was from Italy, so I’m very good at Italian food,” she said.” Her specialties include veal or chicken parmesan, and meatballs.

When the weather forces her to stay indoors, and she finally tires of crafts and cooking, Elaine might pass the time watching movies.

Which movies are her favorites? “Anything with Tom Hanks and Goldie Hawn!” she said.

Thanks Elaine for the many years of service, your kind care and that infectious laugh!

By Maureen “Mo” Boyce, Activities Coordinator



DECATUR HOUSE
Assisted Living in Sandwich Village

Around the House

JANUARY 2021

News

Welcome 2021!
And now for some good news . . .

2020 was a long year of precautions and limitations. It forced us all to open up to new ways to stay active, connected, and experience joy. In the process of navigating an unprecedented year of challenges we learned to appreciate one another and our safe and cozy home here at Decatur House.



We look to 2021 for some long-awaited good news, including the arrival of a Covid-19 vaccine and the official opening of our new wing!

We are working with our health partners at CVS on developing a timeframe for our residents and staff to receive their first doses of the Covid-19 vaccine (likely in early January.) Residents and families should stay tuned for dates and details.

In the meantime, we continue to stay safe in our Decatur House “bubble”, doing all we can to maintain (virtual) family connections and live healthy and active lives despite the pandemic.

We are excited to have new residents moving into our new wing later this month. We look forward to welcoming each of them and anticipate they will quickly become our great friends and housemates.

STAFF SPOT LIGHT

Elaine Norton



Since joining our resident care staff 12 years ago, Elaine Norton has made her presence known in many ways.

Not least of which is her sense of humor, and her very distinctive—and highly infectious—laugh. When it shatters the solemn mood of a serious

bingo game, players exchange knowing smiles, laugh, and say, “Elaine’s here!”

Elaine is always ready to assist with activities. Should a resident struggle with their putting stroke, Elaine—an avid golfer—quickly steps to the tee to offer pointers. She has a real passion for arts and crafts, and eagerly joins in with residents on any creative project.

“I’m very crafty, yes,” she said, laughing. And rest assured, Elaine’s finished work will be unique. By meticulously blending paints, she recently transformed a bland, miniature bird house into a tiny, weathered-looking fishing shack.

Continued on back page

Sunday

Monday

Tuesday

Wednesday






Thursday

Friday

Saturday



January 2021

				<h1>January 2021</h1>		 New Year's Day		<div>12</div> <div>10:30 Let's Stretch! 11:00 High Roller Dice Game 2:00 Scenic Ride 3:00 BINGO HAPPY BIRTHDAY LINDA H!</div>					
<div>3</div> <div>10:00 Catholic Mass (TV) 10:30 Sit & Be Fit 11:00 Cards & Word Games 1:00 Patriots vs. N.Y. Jets 2:00 Words-in-a-Word 3:00 BINGO</div>		<div>4</div> <div>10:30 Sit & Be Fit 11:00 "Who Am I?" Guess the Mystery Person 2:00 BINGO 3:15 Winter "Crafter-noons"</div>		<div>5</div> <div>10:30 Sit & Be Fit 11:00 Let's Reminisce 1:45 Movie Matinee <i>Zoom family visits</i></div>		<div>6</div> <div> HAIR SALON DAY Concierge Services</div>		<div>7</div> <div>10:30 Sit & Be Fit 11:00 Make Pine Cone Bird Feeders 1:30 BINGO 2:30 JULIE CHARLAND A Live Music Performance</div>		<div>8</div> <div>10:30 Toning with Bands 11:00 Practice Your Putt! 2:00 BINGO 3:00 Elvis Presley B'day celebration! 4:30 Friday Social</div>		<div>9</div> <div>10:30 Sit & Get Fit 11:00 Ring Toss 2:00 Scenic Ride 3:00 MUSIC BINGO HAPPY BIRTHDAY NICOLE C!</div>	
<div>10</div> <div>10:00 Catholic Mass (TV) 10:30 Sit & Be Fit 11:00 Cards & Puzzles 2:00 Words-in-a-Word 3:00 BINGO</div>		<div>11</div> <div>10:30 Sit & Be Fit 11:00 Beanbag Toss 2:00 BINGO 3:15 "Armchair Travel" - LR</div>		<div>12</div> <div>10:30 Chair Yoga with Rebecca Reeves 1:45 Movie Matinee <i>Zoom family visits</i></div>		<div>13</div> <div> HAIR SALON DAY Concierge Services 3:45 Current Events with John Shea</div>		<div>14</div> <div>10:30 Sit & Be Fit 11:00 Word Games 2:00 Words-in-a-Word 3:00 BINGO</div>		<div>15</div> <div>10:00 Painting w/Lourana 2:00 BINGO 3:00 "Who Said That?" Trivia 4:30 Friday Social</div>		<div>16</div> <div>MANICURES BY MIKAELA 10:30 Toning with Weights 11:00 Practice Your Putt 2:00 Scenic Ride 3:00 BINGO</div>	
<div>17</div> <div>10:00 Catholic Mass (TV) 10:30 Ring Toss 11:00 Cards & Word Games 2:00 Words-in-a-Word 3:00 BINGO</div>		<div>18</div> <div>10:30 Sit & Be Fit 11:00 Tribute to MLK Jr. 2:00 BINGO 3:15 "Crafter-noons" Martin Luther King Day</div>		<div>19</div> <div>10:30 Chair Yoga with Rebecca Reeves 1:45 Movie Matinee <i>Zoom family visits</i></div>		<div>20</div> <div> HAIR SALON DAY Concierge Services 3:30 "March of the Penguins" documentary for WORLD PENGUIN DAY</div>		<div>21</div> <div>10:30 Sit & Be Fit 11:00 Bananagrams 1:30 BINGO 2:30 JULIE CHARLAND A Live Music Performance</div>		<div>22</div> <div>10:30 Sit & Be Fit 11:00 Try a Chai (Tea) 2:00 BINGO 3:00 Nostalgia Trivia 4:30 Friday Social</div>		<div>23</div> <div>10:30 Sit & Be Fit 11:00 Let's Make a Limerick 2:00 Scenic Ride 3:00 MUSIC BINGO</div>	
<div>24</div> <div>10:00 Catholic Mass (TV) 10:30 Ring Toss 11:00 Cards & Word Games 2:00 Words-in-a-Word 3:00 BINGO HAPPY BIRTHDAY BETH! Activity Professionals Week</div>		<div>25</div> <div>10:30 Sit & Be Fit 11:00 "Tropical Fruits" Social 2:00 BINGO 3:15 Today in History HAPPY BIRTHDAY LINDA!</div>		<div>26</div> <div>10:30 Chair Yoga with Rebecca Reeves 1:45 Movie Matinee <i>Zoom family visits</i> Australia Day (observed)</div>		<div>27</div> <div> HAIR SALON DAY Concierge Services 3:45 Current Events with John Shea</div>		<div>28</div> <div>10:30 Sit & Be Fit 11:00 High Roller Dice Game 2:00 Classic Hangman 3:00 BINGO HAPPY BIRTHDAY PAYTON!</div>		<div>29</div> <div>10:30 Sit & Be Fit 11:00 Hooray! It's Puzzle Day 2:00 BINGO 3:00 Celebrity Trivia 4:30 Friday Social</div>		<div>30</div> <div>10:30 Let's Stretch! 11:00 Music Trivia 2:00 Scenic Ride 3:00 BINGO</div>	
<div>31</div> <div>10:00 Catholic Mass (TV) 10:30 Sit & Be Fit 11:00 Cards & Word Games 2:00 Words-in-a-Word 3:00 BINGO</div>		<div>"Welcome winter! Your late dawns and chilled breath make me lazy, but I love you nonetheless." ~Terri Guillemets</div> <div>For questions or comments about Activities, please contact Cathy Ode or Maureen Boyce at 508-888-6404 v 12-29-20</div>											



decatourhouse.com

Find us everywhere!



v 12-29-20