

Community Happenings

Music, dance and relaxation were the common denominators uniting our June programs, which were marked by a few spontaneous instances when all preplanning was cast to the wind.

Residents gave an enthusiastic thumbs-up to **Mike Tardis**, a very talented singer, guitarist and pianist. Mike’s fun demeanor and personable interaction with residents earned him rounds of exuberant applause. Mike will be back, by popular demand, later this month.

Susan Lee Nolan, licensed massage and Reiki therapist, was also very well received in her debut appearance. Her calming presence and soothing relaxation techniques earned her repeat performances to come throughout this summer.

Our Country Music Social was a big hit. After only a few bars of Hank Williams’ “Hey, Good Lookin’” and “Jambalya,” the Sunroom transformed into a rollicking dance hall as residents – one by one -- took to their feet.

Another impromptu event evolved during a simple music trivia session, when Lourana was coaxed into playing the piano. As she played one old favorite after another, residents sang along with a gusto usually reserved for a Patriots’ playoff game.

We look forward to continuing the good times, and a long-awaited return to normalcy. Things to look forward to in July include a return of the summer ice cream truck, outings to restaurants and local gardens and museums, and watching the 4th of July parade together.

—Maureen “Mo,” Activities Coordinator



Spotlight: Jean Clough, cont.

Llewellyn—her husband of over 40 years—died at age 68. The two had met and married on the Cape, after which his career brought them to Hanover.

Suddenly alone for the first time—Jean returned to the Cape, the place she loves “most in the world”.

Within a couple of years, however, Jean was blessed to be given a joyous second chapter in life, one that few are fortunate enough to experience.

In Kismet fashion, she reconnected with an old flame, Donald, and a warm relationship soon was rekindled. The two became constant companions until his passing, about two years ago.

“She had 18 wonderful years together with Donald,” Jean’s daughter, Valerie, said. Jean also has a son, Keith, and five grandchildren of whom “she’s very proud,” Valerie added.

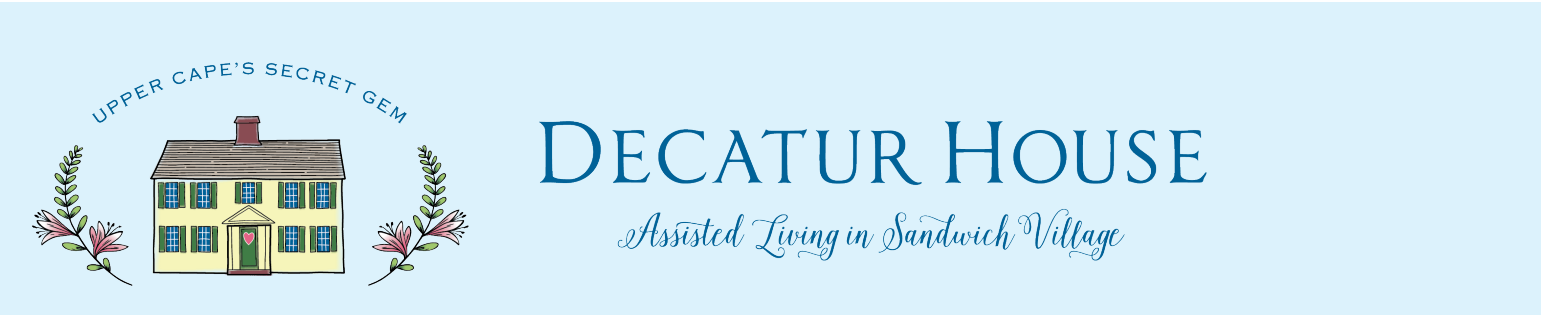
Jean had once been a seamstress in a bridal shop, a skill that would serve her children well.

“She made all of my clothes when I came along,” Valerie said. “We always had homemade Raggedy Ann dolls and Christmas stockings.”

Jean also was a top-notch gardener, and the grounds of her Cape-style Hanover home were so spectacular they were featured in *Better Homes & Gardens* [magazine].

Expect to soon see Jean assisting Linda, in tending the resplendent gardens of Decatur House.

Decatur House is fortunate to have Jean, a cheerful new friend, in the community.



Around the House

JULY 2021

News

Mask Policy Update

Pursuant to the Executive Office of Elder Affairs (EOEA) Guidance Issued June 14, 2021

****All unvaccinated individuals are required to wear masks at all times inside Decatur House.**

RESIDENTS—Fully vaccinated Residents can **leave their masks off** inside and outside Decatur House

VISITORS—Fully vaccinated Visitors* **should wear masks** at all times inside Decatur House, except under the following circumstances:

-Masks can be removed when visiting a fully vaccinated resident inside their apartment; dining; or participating in activities in common spaces with fully vaccinated residents.

* Visitors should provide proof of full vaccination to Decatur House. Vaccination cards can be presented, sent via email, or shown on a cell phone.

STAFF—Fully vaccinated staff **must continue to wear masks** at all times inside Decatur House, except under the following circumstance:

-Masks can be removed while eating, drinking, or congregating in break rooms or other non-clinical space. (However, if unvaccinated staff are present, everyone should wear masks and unvaccinated staff should social distance from others.)

Thank you for continuing to follow the current guidelines imposed by our licensing agency.

COMMUNITY **SPOT** LIGHT

Jean Clough



Since joining us in March, Jean’s engaging personality has earned her many new friends.

The Quincy native can often be found on the patio, where she loves to bask in the sun while chatting with her neighbors. A frequent visitor to our new Activities Center, Jean enjoys bingo and exercise – and is especially fond of DrumFIT.

But her favorite brand of exercise, hands down, is dancing. At any musical event, Jean springs to her feet and begins moving to the beat.

Jean has an impish sense of humor and laughs easily. That laughter once faded, however, in 1999, when

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