

March Roundup



Spring has arrived at Decatur House with blustery winds and peeping crocuses.

Residents celebrated Saint Patrick's Day by making crafts (see photo of Judy - above left and Tom right) and enjoying the traditional corned beef supper!

Musician Rick Walsh's performance earned rave reviews (see photo of Mo, Jeff and Pat below), as did monthly movie choices: *The Blind Side*, and *Remember the Titans*.

We added new staff member, Heidi Burchell, as our Weekend Activities Assistant, and we look forward to implementing her great ideas soon.

Residents have been taking advantage of the afternoon group exercise opportunities. They are also enjoying the new "morning mingles."

Additionally, those who participated in the lunch outing to Town Tavern said that had a wonderful time and loved the food. They were all surprised by the large portion sizes.

Lastly, to celebrate Easter, each resident received an Easter egg filled with candies and Chef Alana prepared a lovely meal. Additionally, Deacon George from Corpus Christi visited to share Communion with residents.



Marilyn and Bob Continued -

Marilyn said that she mainly liked Bob because he was handsome, with a thick head of dark hair and blue eyes!

The two graduated college and ended up landing in Rhinebeck, New York, where they welcomed 5 children – 4 girls and a boy. Bob worked for IBM for 36 years while Marilyn worked as an art teacher in the local school system for 32 years.

In the summers, the whole family would go to Camp Good News in Sandwich. Marilyn ran the guest house and Bob was the handyman.

The kids loved the camp and nature. They also became heavily involved in 4-H where they learned sewing and cooking skills. Those days at the camp are among Bob and Marilyn's favorite memories.

The couple loved the Cape so much that they decided to buy a summer house in Pocasset. Eventually it became their retirement home. The duo stayed busy by volunteering for the Woods Hole Historical Museum. They loved meeting people from all over the world who came to visit Woods Hole.

In addition, in his retirement, Bob loved to bicycle along the canal and continued working part-time on a lobster boat, Marilyn said that she was totally content reading and sewing while he did that.

Marilyn says that raising her kids was without a doubt her utmost purpose in life. Bob says with a grin, that the grandkids were his!



Around the House

APRIL 2024

Painting with Léonie

We are so happy to be contracting with fine artist and illustrator, Léonie Little-Lex to offer painting classes for our residents.



From Cape Cod, Léonie graduated from Massachusetts College of Art and Design with a BFA in Illustration, then went on to complete her Masters of Arts in Teaching.

She shows her work in galleries on Cape Cod and in the greater Boston area, and has also exhibited nationally.

She works in a variety of mediums with an emphasis on painting and pen-and-ink drawings. She recently illustrated her first children's book, «A is for Always» (written by Linda Cutting, Workman Publishing).

In addition to her work as an artist, Léonie has been an instructor in drawing and painting for over 12 years, both in private and community settings.

According to Decatur House Activities Coordinator Kerri Smith, "Léonie is so kind and helpful to the residents. She makes the painting class a lot of fun for them."

COMMUNITY **SPOT** LIGHT

MARILYN & BOB WERNER





Marilyn and Bob Werner are celebrating their 68th wedding anniversary today! Bob jokes that it's April Fools Day!

Bob grew up in the New Jersey suburb of Park Ridge and Marilyn, "lived all over the place," she said. Her dad was the Vice President of the Missouri Pacific Railroad and the family moved 17 times.

Their paths crossed and the two met when they attended the University of Colorado together. Marilyn was working on constructing homecoming decorations. "I was an artist and I had a vision of creating a beer mug that was dunking the mascot from the opposing team," said Marilyn. "That required scientific know how, so I recruited Bob, who was in the Lutheran student organization with me, because I knew he was an Engineering Major. We pulled it off. We got an award!" she continued.

When asked what led them to the alter, Bob said that he and Marilyn forged a strong friendship.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	10:15 Seated Mindful Meditation 11:00 Word within a Word 2:00 Movie Matinee: "Finding Nemo" 4:00 Sunroom Social All Fools' Day	9:00-12:00 Hair Salon 10:15 Card Games & Coloring 11:15 DrumFit 2:00 High Roller Dice Game 4:00 Sunroom Social	10:15 Chair Yoga 11:00 BINGO 2:00 & 3:00 Scenic Drive with Linda 2:30 Walking Club 4:00 Sunroom Social	9:00-12:00 Hair Salon 10:15 Tai Chi & Qigong 11:00 Lunch Outing: Seafood Sam's 2:00 BINGO 4:00 Sunroom Social	10:30 Painting with Leonie 2:00 Let's Get Crafty: Spring Craft 4:00 Sunroom Social	10:00 "The Rosary" (TV Ch. 138) 11:00 Seated Exercise 2:00 BINGO with Heidi 4:00 Sunroom Social	
9:00 Sunday Morning (TV Ch. 4) 10:00 Catholic Mass (TV Ch. 138) 2:00 Chair Exercise with Heidi 3:00 Music BINGO with Heidi (dining room) 4:00 Sunroom Social	10:15 Seated Mindful Meditation 11:00 Word within a Word 2:00 Movie Matinee: "Richie Rich" 4:00 Sunroom Social	9:00-12:00 Hair Salon 10:00 Veterans Coffee 10:15 Card Games & Coloring 11:15 DrumFit 2:00 High Roller Dice Game 4:00 Sunroom Social Happy Birthday Jess!	10:15 Chair Yoga 11:00 BINGO 2:00 & 3:00 Scenic Drive with Linda 2:30 Walking Club 4:00 Sunroom Social Happy Birthday Jason!	9:00-12:00 Hair Salon 10:15 Tai Chi & Qigong 11:00 Musical Performance by: Dawna Hammers 2:00 Chair Pilates & Stretching 4:00 Sunroom Social	10:15 Seated Weight Training 11:00 BINGO 2:00 Let's Get Crafty: Spring Craft 4:00 Sunroom Social	10:00 "The Rosary" (TV Ch. 138) 11:00 Seated Exercise 2:00 BINGO with Heidi (dining room) 4:00 Sunroom Social	
9:00 Sunday Morning (TV Ch. 4) 10:00 Catholic Mass (TV Ch. 138) 2:00 Let's Get Crafty: Spring Craft with Heidi 3:00 Bean Bag Toss/Balloon Volleyball with Heidi 4:00 Sunroom Social	10:15 Seated Mindful Meditation 11:00 Word within a Word 2:00 Movie Matinee: "Princess Diaries" 4:00 Sunroom Social	9:00-12:00 Hair Salon 10:00 Morning Mingle 11:15 DrumFit 2:00 High Roller Dice Game 4:00 Sunroom Social	10:15 Chair Yoga 11:00 BINGO 2:00 Sandwich Public Library with Linda 2:30 Walking Club 4:00 Sunroom Social	9:00-12:00 Hair Salon 10:15 Tai Chi & Qigong 11:00 Musical Performance by: Gary Landgren 2:00 Chair Pilates & Stretching 4:00 Sunroom Social Happy Birthday Christine!	10:15 Seated Weight Training 11:00 BINGO 2:00 Let's Get Crafty: Spring Craft 4:00 Sunroom Social	10:00 "The Rosary" (TV Ch. 138) 11:00 Seated Exercise 2:00 BINGO with Heidi (dining room) 4:00 Sunroom Social	
9:00 Sunday Morning (TV Ch. 4) 10:00 Catholic Mass (TV Ch. 138) 2:00 What am I Trivia with Heidi 3:00 Broom Golf & Bowling with Heidi 4:00 Sunroom Social	10:15 Seated Mindful Meditation 11:00 Word within a Word 2:00 Movie Matinee: "The Perfect Game" 4:00 Sunroom Social Passover Begins Earth Day	9:00-12:00 Hair Salon 10:15 Card Games & Coloring 11:15 DrumFit 2:00 High Roller Dice Game 4:00 Sunroom Social	10:15 Chair Yoga 11:00 BINGO 2:00 & 3:00 Scenic Drive with Linda 2:30 Walking Club 4:00 Sunroom Social Administrative Professionals Day	9:00-12:00 Hair Salon 10:15 Tai Chi & Qigong 11:00 Men's Lunch Outing: Town Tavern 2:00 Chair Pilates & Stretching 4:00 Musical Performance by: Candido Bretto	10:15 Seated Weight Training 11:00 BINGO 2:00 Let's Get Crafty: Beading 4:00 Sunroom Social Arbor Day	10:00 "The Rosary" (TV Ch. 138) 11:00 Seated Exercise 2:00 BINGO with Heidi (dining room) 4:00 Sunroom Social	
9:00 Sunday Morning (TV Ch. 4) 10:00 Catholic Mass (TV Ch. 138) 2:00 Chair Exercise with Heidi 2:30 Let's Get Crafty: Spring Craft 4:00 Sunroom Social	10:15 Seated Mindful Meditation 11:00 Word within a Word 2:00 Movie Matinee: "Babette's Feast" 4:00 Sunroom Social	9:00-12:00 Hair Salon 10:00 Morning Mingle 11:15 DrumFit 2:00 High Roller Dice Game 4:00 Sunroom Social Happy Birthday Eleanor! Resident Meeting	Calendar subject to change. Some activities require signing up			<div style="text-align: center;"> <h1>April 2024</h1>  </div>	