

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>10:15 Seated Mindful Meditation <b>1</b>  11:00 Word within a Word  <b>2:00 Movie Matinee: "Finding Nemo"</b>  4:00 Sunroom Social</p> <p>All Fools' Day</p>	<p>2  9:00-12:00 Hair Salon  10:15 Card Games &amp; Coloring  11:15 DrumFit  <b>2:00 High Roller Dice Game</b>  4:00 Sunroom Social</p>	<p>3  10:15 Chair Yoga  11:00 BINGO  2:00 &amp; 3:00 Scenic Drive with Linda  <b>2:30 Walking Club</b>  4:00 Sunroom Social</p>	<p>4  9:00-12:00 Hair Salon  10:15 Tai Chi &amp; Qigong  <b>11:00 Lunch Outing: Seafood Sam's</b>  2:00 BINGO  4:00 Sunroom Social</p>	<p>5  <b>10:30 Painting with Leonie</b>  2:00 Let's Get Crafty: Spring Craft  4:00 Sunroom Social</p>	<p>6  10:00 "The Rosary" (TV Ch. 138)  <b>11:00 Seated Exercise</b>  <b>2:00 BINGO with Heidi</b>  4:00 Sunroom Social</p>
<p>7  9:00 Sunday Morning (TV Ch. 4)  10:00 Catholic Mass (TV Ch. 138)  <b>2:00 Chair Exercise with Heidi</b>  <b>3:00 Music BINGO with Heidi</b>  (dining room)  4:00 Sunroom Social</p>	<p>8  10:15 Seated Mindful Meditation  11:00 Word within a Word  <b>2:00 Movie Matinee: "Richie Rich"</b>  4:00 Sunroom Social</p>	<p>9  9:00-12:00 Hair Salon  10:00 Veterans Coffee  10:15 Card Games &amp; Coloring  11:15 DrumFit  <b>2:00 High Roller Dice Game</b>  4:00 Sunroom Social</p> <p>Happy Birthday Jess!</p>	<p>10  10:15 Chair Yoga  <b>11:00 BINGO</b>  2:00 &amp; 3:00 Scenic Drive with Linda  <b>2:30 Walking Club</b>  4:00 Sunroom Social</p> <p>Happy Birthday Jason!</p>	<p>11  9:00-12:00 Hair Salon  10:15 Tai Chi &amp; Qigong  <b>11:00 Musical Performance by: Dawna Hammers</b>  2:00 Chair Pilates &amp; Stretching  4:00 Sunroom Social</p>	<p>12  10:15 Seated Weight Training  11:00 BINGO  <b>2:00 Let's Get Crafty: Spring Craft</b>  4:00 Sunroom Social</p>	<p>13  10:00 "The Rosary" (TV Ch. 138)  <b>11:00 Seated Exercise</b>  <b>2:00 BINGO with Heidi</b> (dining room)  4:00 Sunroom Social</p>
<p>14  9:00 Sunday Morning (TV Ch. 4)  10:00 Catholic Mass (TV Ch. 138)  <b>2:00 Let's Get Crafty: Spring Craft</b>  with Heidi  <b>3:00 Bean Bag Toss/Balloon</b>  Volleyball with Heidi  4:00 Sunroom Social</p>	<p>15  10:15 Seated Mindful Meditation  11:00 Word within a Word  <b>2:00 Movie Matinee: "Princess Diaries"</b>  4:00 Sunroom Social</p>	<p>16  9:00-12:00 Hair Salon  10:00 Morning Mingle  11:15 DrumFit  <b>2:00 High Roller Dice Game</b>  4:00 Sunroom Social</p>	<p>17  10:15 Chair Yoga  11:00 BINGO  <b>2:00 Sandwich Public Library with Linda</b>  <b>2:30 Walking Club</b>  4:00 Sunroom Social</p>	<p>18  9:00-12:00 Hair Salon  10:15 Tai Chi &amp; Qigong  <b>11:00 Musical Performance by: Gary Landgren</b>  2:00 Chair Pilates &amp; Stretching  4:00 Sunroom Social</p> <p>Happy Birthday Christine!</p>	<p>19  10:15 Seated Weight Training  11:00 BINGO  <b>2:00 Let's Get Crafty: Spring Craft</b>  4:00 Sunroom Social</p>	<p>20  10:00 "The Rosary" (TV Ch. 138)  <b>11:00 Seated Exercise</b>  <b>2:00 BINGO with Heidi</b> (dining room)  4:00 Sunroom Social</p>
<p>21  9:00 Sunday Morning (TV Ch. 4)  10:00 Catholic Mass (TV Ch. 138)  <b>2:00 What am I Trivia with Heidi</b>  <b>3:00 Broom Golf &amp; Bowling with Heidi</b>  4:00 Sunroom Social</p>	<p>22  10:15 Seated Mindful Meditation  11:00 Word within a Word  <b>2:00 Movie Matinee: "The Perfect Game"</b>  4:00 Sunroom Social</p> <p>Passover Begins  Earth Day</p>	<p>23  9:00-12:00 Hair Salon  10:15 Card Games &amp; Coloring  11:15 DrumFit  <b>2:00 High Roller Dice Game</b>  4:00 Sunroom Social</p>	<p>24  10:15 Chair Yoga  <b>11:00 BINGO</b>  2:00 &amp; 3:00 Scenic Drive with Linda  <b>2:30 Walking Club</b>  4:00 Sunroom Social</p> <p>Administrative Professionals Day</p>	<p>25  9:00-12:00 Hair Salon  10:15 Tai Chi &amp; Qigong  <b>11:00 Men's Lunch Outing: Town Tavern</b>  2:00 Chair Pilates &amp; Stretching  <b>4:00 Musical Performance by: Candido Bretto</b></p>	<p>26  10:15 Seated Weight Training  11:00 BINGO  <b>2:00 Let's Get Crafty: Beading</b>  4:00 Sunroom Social</p> <p>Arbor Day</p>	<p>27  10:00 "The Rosary" (TV Ch. 138)  <b>11:00 Seated Exercise</b>  <b>2:00 BINGO with Heidi</b> (dining room)  4:00 Sunroom Social</p>
<p>28  9:00 Sunday Morning (TV Ch. 4)  10:00 Catholic Mass (TV Ch. 138)  <b>2:00 Chair Exercise with Heidi</b>  <b>2:30 Let's Get Crafty: Spring Craft</b>  4:00 Sunroom Social</p>	<p>29  10:15 Seated Mindful Meditation  11:00 Word within a Word  <b>2:00 Movie Matinee: "Babette's Feast"</b>  4:00 Sunroom Social</p>	<p>30  9:00-12:00 Hair Salon  10:00 Morning Mingle  11:15 DrumFit  <b>2:00 High Roller Dice Game</b>  4:00 Sunroom Social</p> <p>Happy Birthday Eleanor!  Resident Meeting</p>	<p>Calendar subject to change.  Some activities require signing up</p> <h1>April 2024</h1>			